

Cuz I Said So

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Cause I Said So - Ne-Yo



Starts On Vocal.. (24 Counts)

Step, Rock & Together, Knee Pop, Stomp, Hitch, Coaster Step.

- 1 Step forward on Left.
- 2&3 Rock to Right side on Right, recover on Left, step Right next to Left.
- 4 Pop Left knee forward (heel comes up) as Right hip pushes out slightly. (Right leg is dead straight, weight on Right)
- 5-6 Push Left heel down as you lift Right slightly & stomp Right forward, hitch Right knee.
- 7&8 Step back on Right, step Left next to Right, step forward on Right.

1/4 Cross, Rock & Cross, 1/4, Back, Back, Back, 1/4 Rock & Cross.

- 1 Make 1/4 turn to Left cross stepping Left over Right.
- 2&3 Rock to Right side on Right, recover on Left, cross step Right over Left.
- 4-6 Make 1/4 turn to Right stepping back on Left, walk back Right-Left.
- 7&8 Make 1/4 turn to Right rocking Right to Right side, recover on Left, cross step Right over Left.

Side, Behind 1/4 Side, Rock & 1/4 , Sailor 1/2, Step.

- 1 Step Left to Left side.
- 2&3 Cross step Right behind Left, make 1/4 turn to Left stepping forward Left, step right to Right side.
- 4&5 Cross rock Left behind Right, recover on Right, make 1/4 turn to Right stepping back on Left.
- 6&7 Cross step Right behind Left making 1/4 turn to Right, step Left next to Right, make 1/4 turn Right stepping forward on Right. (9:00)
- 8 Step forward on Left.

Step, Rock & Step, Back & Pop & Pop, Walk, Walk.

- 1 Step forward on Right.
- 2&3 Rock forward on Left, recover on Right, step back on Left.
- 4&5 Step Right behind Left so Right instep faces Left heel (L knee facing 9:00, R knee facing 12:00, body will turn slightly to face Right diagonal 10:30), lift both heels as knees pop forward, lower heels.
- &6 Lift both heels as knees pop forward, lower heels.
- 7-8 Walk forward Left-Right straightening up to (9:00)

1/4 Cross, Point, Touch & Touch, Step Down, Back, Back Together, 1/2 .

- 1-2 Make 1/4 turn to Left cross stepping Left over Right, point Right to Right side.
- 3&4 Touch Right next to Left, point Right to Right side, touch Right next to Left (Right heel raised).
- 5-6 Press Right heel down, step back on Left.
- 7&8 Step back on Right, step Left next to Right, make 1/2 turn to Right stepping forward on Right.

Rock Step, Back, Back, 1/4, Cross, Back, Side, Cross.

- 1-2 Rock forward on Left, recover on Right.
- &3-4 Step back on Left, step back on Right, make 1/4 turn to Left stepping Left to Left side.
- 5-8 Cross Right over Left, step back on Left, step Right to Right side, cross step Left over Right.

Unwind 1/2, Kick & Step (Shorty), Step, Rocking Chair.

- 1 Unwind 1/2 turn to Right (weight on Left).

- 2&3 Kick Right forward diagonal Right, step Right next to Left as you bend knees slightly & turning slightly to Left diagonal, step forward on Left straightening up.
4 Step forward on Right.
5-8 Rock forward on Left, recover on Right, rock back on Left, recover on Right.

Step , Cross, Back, 1/4, Together. Forward, Together, Back, Back, Together.

- 1 Step forward on Left.
2&3 Cross Right over Left, make 1/4 turn to Right stepping back on Left, Right to Right side.
4 Step Left next to Right.
5&6 Step forward on Right, step Left next to Right, step back on Right.
7-8 Step back on Left, step Right next to Left.
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