

Kjempeform

拍数: 32 墙数: 2 级数: Improver
编舞者: Frank Olsen (NOR) & Raymond Sarlemijn (NL) - November 2010
音乐: Jeg Er I Kjempeform - Ylvis Brodrene



Start dancing on lyrics

Left Vine With Brush, Jazz Box Turn ¼ Right With Touch

1-4 Step left to side, cross right behind left, step left to side, brush right forward
2-8 Cross right over left, step left back, turn ¼ right and step right forward, touch left together

Touch Left Toe To Left, Cross Left Over Right, Right Toe, Heel, Cross, Hold, Rock Left Back Recover

1-2 Touch left toe out to left side, cross left over right
3-6 Touch right toe to left instep, touch right heel to left instep, cross right over left, hold
7-8 Rock left back, recover to right

*2x Kick, Jazz Box, Turn ¼ Right, Flick Right Behind Left

1-6 Kick left forward twice, cross left over right, step right back, step left to side, touch right together
7-8 Turn ¼ right and step right forward, flick left behind right and slap left with right hand

Twist Left, Twist Right

1-4 Twist to left side heel, toe, heel, toe
1-8 Twist to right side heel, toe, heel toe (weight to right)

Repeat
