

Dr Wanna Do

拍数: 56 墙数: 1 级数: Phrased Improver
编舞者: Maureen Jones (UK) & Michelle Jones (UK) - November 2010
音乐: Dr. Wanna Do - Caro Emerald : (CD: Deleted Scenes From The Cutting Room Floor)



Intro 16 counts

SECTION A

FORWARD MAMBO, BACK MAMBO, WALKS, STEP, 1/2 PIVOT, STEP

1&2 Rock right forward, recover onto left, step right beside left
3&4 Rock left back, recover onto right, step left beside right
5-6 Walk forward stepping right, left
7&8 Step right forward, pivot ½ turn left, step right forward

WALKS, STEP, 1/2 PIVOT, STEP, CHARLESTON STEP, HEEL SIDE TOUCH, HITCH, STOMP

9-10 Walk forward stepping left, right
11&12 Step left forward, pivot ½ turn right, step left forward
13-14 Touch right toe forward, sweep right round to back & step back
15&16 Touch left heel to left (toe pointing outwards), hitch left, stomp left beside right

SIDE ROCK, BEHIND, SIDE, ACROSS, SIDE ROCK, SAILOR ½ TURN

17-18 Rock right to right, recover onto left
19&20 Step right behind left, step left to left, step right across left
21-22 Rock left to left, recover onto right
23&24 Step left behind right starting to make ½ turn left, complete ½ turn left and step right to right, step left forward

FORWARD ROCK, SAILOR ½ TURN, STEP, TOGETHER, HEEL TWISTS

25-26 Rock right forward, recover onto left
27&28 Step right behind left starting to make ½ turn right, complete ½ turn right stepping left to left, step right forward
29-30 Step left forward, step right beside left
31&32 Twist both heels out, twist both heels to centre, twist both heels out (weight on left)

SECTION B

½ TURN IN WALKS, HOLD, ½ TURN IN WALKS, HOLD

1-4 Walk ½ turn right stepping right, left, right, hold (walks produce a semicircle)
5-8 Walk ½ turn left stepping left, right, left, hold (walks produce a semicircle)

TOUCH FORWARD, TOUCH RIGHT, COASTER, TOUCH FORWARD, TOUCH LEFT, COASTER, HITCH

9-10 Touch right forward, touch right to right
11&12 Step right back, step left beside right, step right forward
13-14 Touch left forward, touch left to left
15&16& Step left back, step right beside left, step left forward, hitch right

WALKS BACK, DIAGONAL LOCK STEPS, TOUCH

17-20 Walk back stepping right, left, right, left
21&22 Step right diagonally forward right, lock left behind right, step right diagonally forward right
&23&24 Step left diagonally forward left, lock right behind left, step left diagonally forward left, touch right beside left

DANCE SEQUENCE

A, B, A, A with restart after count 16, A, B, A, A, B, A

It really is very easy. The music tells you what to do. Section B is always danced on the section beginning with the words 'My Eyes Went..' At all other times dance section A. The restart follows a short, easily identified, instrumental section.

HAVE FUN!!

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