Comp Dance



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Gordon Elliott (AUS) - October 2010

音乐: Nothing Ever Hurt Like You - James Morrison : (CD: Songs For You, Truths For

Me)



Start dancing on the word "easy"

Kick Ball Step, Kick Ball Step, Shuffle Forward, Forward, Rock

1&2	Kick right forward, step right together, step left forward
3&4	Kick right forward, step right together, step left forward

5&6 Chassé forward right, left, right7-8 Step left forward, rock back to right

½ Turn Shuffle, ½ Turn Shuffle, Coaster Step, Forward, Forward

1&2	Turn ½ left shuffle forward left, right, left
3&4	Turn ½ left shuffle back right, left, right

5&6 Step left back, step right together, step left forward

7-8 Step right forward, step left forward

Side, Rock, Behind, Side, Across, Side, Sailor Step

1-2	Step right to side, side rock to left
3-4	Cross right behind left, step left to side
5-6	Cross right over left, step left to side

7&8 Right sailor step

Behind, Side, Across, Side, Sailor Step, Touch, 1/2 Turn

1-2	Cross left behind right, step right to side
3-4	Cross left over right, step right to side

5&6 Left sailor step

7-8 Touch right toe back, turn ½ right (weight to right)

Coaster Forward, Coaster Back, Pivot Turn, Pivot Turn

1&2	Step left forward, step right together, step left back
3&4	Step right back, step left together, step right forward
5-6	Step left forward, turn ½ right (weight to right)
7-8	Step left forward, turn ½ right (weight to right)

Back, Lock & Back, Lock & Back, Rock

1-2&	Step left diagonally back, lock right across in front of left, step left back
3-4&	Step right diagonally back, lock left across in front of right, step right back
5-6&	Step left diagonally back, lock right across in front of left, step left back

7-8 Step right back, rock forward to left

Side, Behind, Side, Across, Touch & Touch & Heel & Heel &

1-2	Step right to side, cross left behind right
3-4	Step right to side, cross left over right
5&	Touch right toe to the side, step right together
6&	Touch left to side, step left together

7& Touch right heel forward, step right together8& Touch left heel forward, step left together

Across, Side, Behind, Side, Rocking Chair

1-2	Cross right over left, step left to side
3-4	Cross right behind left, step left to side
5-6	Rock right forward, recover to left
7-8	Rock right back, recover to left

Repeat

RESTART: On wall 2 & wall 5 dance to beat 48 & restart to 12:00 & 6:00 respectively

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