

Quarter After One beginner

拍数: 28 墙数: 2 级数: Beginner
编舞者: Charlotte Neckelmann (DK) - October 2010
音乐: Need You Now - Lady A : (CD: Single)



16 count intro 108 pbm

Step Touches Forward Diagonally x2 Shuffle Forward Diagonally. rock

1 - 2 Forward Diagonally Step right (1) Touches left beside right (2) [12:00]
3 - 4 Forward Diagonally Step left (3) Touches right beside left (4)
5&6 Shuffle Diagonally Forward right (5) step left beside right (&) step right forward (6)
7 - 8 Rock left forward (7) recover right back (8)

Step Touches back Diagonally x2 Shuffle back Diagonally. rock

1 - 2 Back Diagonally Step left (1) Touches right beside left (2)
3 - 4 Back Diagonally Step right (3) Touches beside left (4)
5&6 Shuffle Diagonally back left (5) step right beside left (&) step left back (6)
7 - 8 Rock right back (7) recover left forward (8) [12:00]

Kick Ball Change Step x2 step

1 & 2 Kick right.(1) Ball right. (&) Change to left (2)
3 - 4 Step right (3) Hold (4)
5 & 6 Kick left. (5) Ball left. (&) Change to right (6)
7 - 8 Step left (7) step right (8)

Rock. & Shuffle ½ turn over left shoulder

1 - 2 Rock left forward (1) recover right (2).[12:00]
3 & 4 Step left over left shoulder Make ½ turn (3) Close right beside left (&) stepping forward on left (4) [6:00]

Start Again

TAG: AFTER the 4 nd facing [12:00] sway right left right left and then Restart the dance

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