

We're All Alive!

拍数: 72 墙数: 2 级数: Advanced
编舞者: Shanthie De Mel (AUS) - October 2010
音乐: I'm Alive - Céline Dion : (CD: I'm Alive - 3:28)



Begin: Weight on right foot. Intro. 24 counts on start of drums with vocals. Start on – “ ... call on me “
This dance is dedicated to the 33 brave Chilean miners who spent 69 days underground, & were rescued on 13. 10. 2010. by courageous helpers whose persistence saved them. Let us be inspired & rejoice at this marvelous display of human caring, endurance & hope, & be thankful that no life was lost. Vida La Amor!
For split floors see Beginner dance “ Second Chance” to the same music

FWD, TOGETHER, BACK, TOG, SIDE, CROSS, BALL, SIDE, CROSS, STEP (Modified Samba steps)

1,2,3,4 Step L fwd, touch R toe to L heel with a bounce, step R back, touch L toe to R toe with a bounce
5&6 Step L to left side, cross R behind L placing wt. on ball of R, replace weight back on ball of L
7&8 Step R to right side, cross L behind R placing wt. on ball of L, replace weight on R (12:00)

Tag & Restart here on wall 4 facing 6:00

1/4 LEFT TURN FWD, 1/4 LEFT TURN SIDE, POINT, HOLD, SLOW DRAG, BALL- CROSS, BALL- CROSS

1, 2 Turning 1/4 left step L fwd, turning 1/4 left step R to right side (6:00)
3, 4 Point L to left side, hold
5, 6 Slow drag L to R moving towards back for 2 counts
&7&8 Step on ball of L behind R, cross R over L, step on ball of L behind R, cross R over L (6:00)

1/4 LEFT TURN FWD, 1/4 LEFT TURN SIDE, POINT, HOLD, SLOW DRAG, BALL- CROSS, BALL- CROSS

1, 2 Turning 1/4 left step L fwd, turning 1/4 left step R to right side (12:00)
3, 4 Point L to left side, hold
5, 6 Slow drag L to R moving towards back for 2 counts
&7&8 Step on ball of L behind R, cross R over L, step on ball of L behind R, cross R over L (12:00)

DIAG FWD, SCUFF, ANCHOR STEP, FWD, PIVOT 1/2 RIGHT, POINT, HOLD

1, 2, 3&4 Step L diagonally fwd (10:30) scuff R fwd, rock on R, return L, rock R in place
5, 6, 7, 8 Step L fwd, pivot 1/2 right with wt. on R, (4:30) point L to left side, hold (4:30)

FWD, SCUFF, ANCHOR STEP, FWD, 1/2 RIGHT TURN, 1/8 LEFT TURN POINT, HOLD

1, 2, 3&4 Step L fwd, (4:30) scuff R fwd, rock on R, return L, rock R in place
5, 6, 7, 8 Step L fwd, pivot 1/2 right on R, turning 1/8 left (9:00) point L to left side, hold (9:00)

FWD, ROCK/BACK, RETURN, FWD, ROCK/BACK, RETURN, SAMBA- CROSS LEFT & RIGHT

1&2 Step L fwd, rock back R, return L in place (9:00)
3&4 Step R fwd, rock back on L, return R in place
5&6 Rock L to left side, return R, cross L over R
7&8 Rock R to right side, return L, cross R over L (9:00)

BACK, LOCK, BACK, BACK, LOCK, BACK, SAMBA- CROSS LEFT & RIGHT

1&2 Step L diagonally back left, lock R over L, step L diagonally back left
3&4 Step R diagonally back right, lock L over R, step R diagonally back right
5&6 Rock L to left side, return R, cross L over R,
7&8 Rock R to right side, return L, cross R over L (9:00)

1/4 RIGHT TURN BACK, KICK, SAILOR RIGHT, CROSS, HOLD, BALL- CROSS, BALL- CROSS

1, 2 Turning 1/4 right step back on L, kick R fwd (12:00)
3&4 Cross R behind L, step L to left side, step R to right side

5, 6 Cross L over R, hold
&7&8 Step back ball of R, cross L over R, step back ball of R, cross L over R (12:00)

BACK, KICK, SAILOR LEFT, CROSS, HOLD, 1/2 LEFT TURN SIDE, SIDE

1, 2 Step back R, kick fwd L
3&4 Cross L behind R, step R to right side, step L to left side
5, 6 Cross R over L, hold
7, 8 Turning 1/2 left step L to left side, step R to right side. (6:00)

Tag & Restart: Dance first 8 beats of wall 4 facing 6:00, then add 4 counts of - 'Side, touch, side, touch.'
(Step L to left side, touch R to L, step R to right side, touch L to R, one count each step) Restart.
Listening to the song will help here. This dance has to be done with a sway/ bouncy Samba beat.

Ending: keep to the count when end slows down & finish facing 12:00
