

Second Chance

拍数: 48 墙数: 4 级数: Beginner
编舞者: Shanthie De Mel (AUS) - October 2010
音乐: I'm Alive - Céline Dion : (CD: I'm Alive - 3:28)



Begin: Wt on right. Intro. 24 counts on start of drums. Begin on – “ ...call on me “. Clockwise rotation.

This dance is dedicated to the 33 brave Chilean miners who spent 69 days underground, and were rescued on 13. 10. 2010. by courageous helpers whose persistence saved them. Let us be inspired & rejoice at this marvelous display of human caring, endurance & hope, and be thankful that no life was lost. Vida La Amor!

For split floors, see Intermediate dance - “We’re All Alive” done to the same music.

SIDE, TOGETHER, SIDE, HOLD (REPEAT WITH R FOOT TO RIGHT SIDE)

1,2,3,4 Step L to left side, step R together, step L to left side, hold
5,6,7,8 Step R to right side, step L together, step R to right side, hold (12:00)

MAMBO FORWARD, MAMBO BACK

1,2,3,4 Rock fwd L, return R, step back L, hold
5,6,7,8 Rock back R, return L, step fwd R, hold (12:00)

SCISSOR LEFT, SCISSOR RIGHT

1,2,3,4 Rock L to left side, return R, cross L over R, hold
5,6,7,8 Rock R to right side, return L, cross R over L, hold (12:00)

STEP, LOCK, STEP, TAP, BACK , LOCK, BACK, KICK

1,2,3,4 Step L fwd, lock R behind L, step L fwd, tap R toe behind L heel
5,6,7,8 Step R back, lock L over R, step R back, kick L fwd

RHUMBA BOX LEFT

1,2,3,4 Step L to left side, close R to L, step L fwd, hold
5,6,7,8 Step R to right side, close L to R, step R back, hold

SIDE/ROCK, HOLD, RETURN, HOLD, FWD HOLD, PIVOT 1/2 RIGHT, HOLD

1,2,3,4 Rock L to left side, hold, return R to right side, hold
5,6,7,8 Step fwd L, hold, pivot 1/2 right with wt. on R, hold (3:00)

Keep to the beat although the walls do not fit in closely with the phrasing. Hence no Tags or Restarts!