

# Locked & Loaded

COPPERKNOB  
STEPSHEETS

拍数: 112      墙数: 0  
编舞者: Rita Archer (USA) - October 2010  
音乐: Locked and Loaded - Miko Marks

级数: Phrased Intermediate / Advanced



Start dancing on lyrics

Or Music: Shut Up And Drive by Rihanna [CD: Good Girl Gone Bad]

Sequence:A, TAG 1, A, TAG 2, A(49-108), A(91-112), TAG 1, A(1-64)

## Section A

### (1-8) Right Toe/Heel Extended Grapevine

1-2            Step right toe side right, drop right heel  
3-4            Cross left toe behind right, drop left heel  
5-6            Step right toe side right, drop right heel  
7-8            Cross left toe over right, drop left heel

### (9-16) Point Cross Twice, Kick Kick Sailor

1-2            Point right toe side right, cross right over left  
3-4            Point left toe side left, cross left over right  
5-6            Kick right forward, kick right to side  
7&8           Hook right behind left, step left to side, step right to side

### (17-24) Left Toe/Heel Extended Grapevine

1-2            Step left toe side left, drop left heel  
3-4            Cross right toe behind left, drop right heel  
5-6            Step left toe side left, drop left heel  
7-8            Cross right toe over left, drop right heel

### (25-32) Point Cross Twice, Kick Kick Sailor

1-2            Point left toe side left, cross left behind right  
3-4            Point right toe side right, cross right behind left  
5-6            Kick left forward, kick left to side  
7&8           Hook left behind right, step right to side, step left to side

### (33-40) Left ½ Turn Twice Right Grapevine Stomp

1-2            Step right forward, turn ½ left (weight to left)  
3-4            Step right forward, turn ½ left (weight to left)  
5-6            Step right to side, cross left behind right  
7-8            Step right to side, stomp left together

### (41-48) Right ½ Turn Twice Left Grapevine Stomp

1-2            Step left forward, turn ½ right (weight to right)  
3-4            Step left forward, turn ½ right (weight to right)  
5-6            Step left to side, cross right behind left  
7-8            Step left to side, stomp right together

### (49-56) Right Step Tuck & Clap X4

49            Step right forward (traveling at 45 degrees angle to the right)  
50            Slide left behind right & clap (transferring weight to left)  
3-4            Repeat above (49-50)  
5-6            Repeat above (49-50)

- 7 Step right forward (traveling at 45 degrees angle to the right)  
8 Slide left behind right & clap (keep weight on right)

**(57-64) Step Touch With Full Right Turn (Traveling Back)**

- 1-2 Step left back, turn 1/3 right & touch right together  
3-4 Step right forward, turn 1/3 right & touch left together  
5-6 Step left forward, turn 1/3 right & touch right together  
7-8 Step right to side, touch left together

**(65-72) Left Step Tuck & Clap X4**

- 1 Step left forward (traveling at 45 degrees angle to the right)  
2 Slide right behind left & clap (transferring weight to right)  
3-4 Repeat above (65-66)  
5-6 Repeat above (65-66)  
7 Step left forward (traveling at 45 degrees angle to the right)  
8 Slide right behind left & clap (keep weight on left)

**(73-80) Left Back Cross Back Twice, Step Touch Twice**

- 1&2 Step right back, cross left over right, step right back  
3&4 Step left back, cross right over left, step left back  
5-6 Step right to side, touch left together  
7-8 Step left to side, touch right together

**(81-88) Right Shuffle Forward & Full Turning Shuffle**

- 1&2 Chassé forward right, left, right  
3-4 Step left forward, turn ½ right (weight to right)  
5&6 Shuffle turning ½ right (left, right, left)  
7-8 Step right back, step left together

**(89-96) Right Side Shuffle Rock Recover, Left Shuffle Step Touch**

- 1&2 Right side right, left together, right side right  
3-4 Cross/rock left over right, recover to right  
5&6 Left side left, right together, left side left  
7-8 Step right together, touch left together

**(97-104) Left Side Point Together, Right Side Point Together, Left Monterey**

- 1-2 Point left toe side left, step left together  
3-4 Point right toe side right, step right together  
5-6 Point left toe side left, turn ½ left sweeping left together  
7-8 Point right toe side right, step right together

**(105-112) Left Side Point Together, Right Monterey, Freeze Hold**

- 1-2 Point left toe side left, step left together  
3-4 Point right toe side right, turn ½ right sweeping right together  
5-6 Stomp left slightly forward, hold  
7-8 Hold, hold

**Repeat**

**TAG 1**

**Free Style Wiggle/Dance, Right Toe Points**

- 1-4 Free style wiggles/dance  
5-6 Touch right forward, right toe side right  
7-8 Touch right back, touch right together

**TAG 2**

**Free Style Wiggle/Dance**

1-8

Free style wiggle/dance

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