

Carrickfergus

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 2 级数: High Intermediate
编舞者: Malene Jakobsen (DK) - September 2010
音乐: Carrickfergus - Ronan Hardiman : (Album: Michael Flatley's Feet Of Flames)



Intro: 24 counts, app. 25 sec. into track - dance begins with weight on L

[1-8] Back rock, ½, ¼, basic, basic, ¼ sways, together

- 1-2& (1) Rock back on R, (2) recover onto L, (&) turn ½ L stepping back on R 6.00
3-4& (3) Turn ¼ L stepping L to L side, (4) close R behind L, (&) recover onto L 3.00
5-6& (5) Step R to R side, (6) close L behind R, (&) recover onto R 3.00
7-8& (7) Turn ¼ R swaying L, (8) sway R, (&) step L next to R 6.00

NOTE: Your second restart is here, you'll be facing 12.00

[9-17] Back, back, cross, ½, step, ½, step, ½, touch behind, ½, slow mambo

- 1-2& (1) Step back on R, (2) step diagonally back on L, (&) cross R over L 6.00
3-4 (3) Step diagonally back on L making ½ turn R on ball of L, (4) step forward on R 12.00
&5 (&) Step forward on L, (5) turn ½ R 6.00
6&7 (6) Step forward on L, (&) turn ½ L stepping back on R, (7) touch L toes back 12.00
& (&) Unwind ½ L transferring weight onto L, 6.00
8&1 (8) rock forward on R, (&) recover onto L (1) rock back on R 6.00

NOTE: Your first restart is here, count 1 is the beginning of the back rock in section 1, you'll be facing 6.00

[18-24] Recover, ¼, together, weave with sweep, behind, side, forward, ½, ½

- 2&3 (2) Recover onto L, (&) turn ¼ L making a big step R, (3) step L next to R 3.00
4&5 (4) Cross R over L, (&) step L to L side, (5) cross R behind L sweeping L from front to back 3.00
6&7 (6) Cross L behind R, (&) step R to R side, (7) step forward on L 3.00
8& (8) Turn ½ R, (&) turn ½ R stepping back on L 3.00

[25-32] ¼ basic, back rock, step, ½, walk forward, ½, ½

- 1-2& (1) Make ¼ turn R stepping R to R side, (2) close L behind R, (&) cross R over L 6.00
3-4& (3) Step L to L side, (4) rock back on R, (&) recover onto L 6.00
5-6 (5) Step forward on R, (6) turn ½ L 12.00
&7 (&) Walk forward on R, (7) walk forward on L 12.00
8& (8) Turn ½ R, (&) on ball of R make another ½ turn R bringing L next to R 12.00

Restarts: There are 2 restarts, on wall 3 after 16 counts and on wall 6 after count 8 counts

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