

Beautiful Monster

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Niels Poulsen (DK) - October 2010
音乐: Beautiful Monster - Ne-Yo : (4:14)



Intro: 32 counts from first beat in music (16 secs into track). Start on word KNIFE. Weight on L

[1 – 8] R side rock, together, L side rock, L cross shuffle, & L cross rock

- 1 – 2& Rock R to R side (1), recover on L (2), bring R next to L (&) [12:00]
- 3 – 4 Rock L to L side (3), recover on R (4)
- 5&6& Cross L over R (5), step R to R side (&), cross L over R (6), step R to R side (&)
- 7 – 8 Cross rock L over R (7), recover on R (8) [12:00]

[9 – 16] L chassé ¼ L, step ½ L, L full turn, step ½ L

- 1&2 Step L to L side, bring R next to L, turn ¼ L stepping fw on L [9:00]
- 3 – 4 Step fw on R, turn ½ L stepping onto L
- 5 – 6 Turn ½ L stepping back on R (5), turn ½ L stepping fw on L (6) - (Non-turny option: walk R, walk L) [3:00]
- 7 – 8 Step fw on R, turn ½ L stepping onto L

[17 – 24] Fw R, kick L fw, ¼ L side step, point R, side R, L touch ball cross, ¼ R back on L

- 1 – 2 Step fw on R, kick L fw [9:00]
- 3 - 4 - 5 Turn ¼ L stepping L to L side, point R to R side, step R to R side
- 6&7 Touch L next to R, step back on ball of L foot, cross R over L [6:00]
- 8 Turn ¼ R stepping back on L [9:00]

[25 – 32] R back rock, ½ L, ¼ L side, R jazz box, cross

- 1 – 2 Rock back on R, recover on L 9:00
- 3 – 4 Turn ½ L stepping back on R, turn ¼ L stepping L to L side
- 5 – 6 Cross R over L, step back on L
- 7 – 8 Step R to R side, cross L over R - * Restart here on wall 7, facing 6:00

[33 – 40] Big step R, drag, L ball cross, L side step, R back rock, R kick ball cross

- 1 – 2 Step R a big step to R side, drag L towards R
- &3 – 4 Step small step back on ball of L foot, cross R over L, step L to L side
- 5 – 6 Rock back on R, recover on L
- 7&8 Kick R fw (7), step back on R (&), cross L over R (8) - * Restart here on wall 3, facing 12:00

[41 – 48] R side rock, R back rock, ¾ box turn, side L

- 1 – 2 Rock R to R side, recover on L
- 3 – 4 Rock back on R, recover on L [12:00]
- 5 – 6 Turn ¼ L stepping back on R, turn ¼ L stepping fw on L – Styling: try to turn stiff-legged/robotic [6:00]
- 7 – 8 Turn ¼ L stepping back on R, step L to L side – Styling: try to turn stiff-legged/robotic

[49 – 56] R cross rock, ¼ R fw R, ¼ R side L, R back rock, ¼ L back R, ¼ L side L

- 1 – 2 Cross rock R over L, recover on L [3:00]
- 3 – 4 Turn ¼ R stepping fw on R, turn ¼ R stepping L to L side
- 5 – 6 Rock back on R, recover on L [9:00]
- 7 – 8 Turn ¼ L stepping back on R, turn ¼ L stepping L to L side

[57 – 64] R jazz box, R chasse ¼ R, L rock fw, L coaster cross

- 1 – 2 Cross R over L, step back on L [3:00]

3&4 Step R to R side, bring L next to R, turn $\frac{1}{4}$ R stepping fw on R
5 – 6 Rock fw on L, recover on R
7&8 Step back on L, step R next to L, cross L over R [6:00]

Begin again!...

2 restarts:

1st restart on wall 3 after 40 counts, facing [12:00].

2nd restart on wall 7, after 32 counts, facing [6:00]

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