

Foolish Me

拍数: 64 墙数: 4 级数: Improver
编舞者: Audrey Watson (SCO) - October 2010
音乐: Foolish Me - Jan Slow



16 Count Intro

Sec 1: Heel Hook, Side Tog, Heel Hook, Side Tog.

1-2 Step right heel diagonal fwd, hook across left shin
3-4 Step right to right side, close left next right.
5-6 Step right heel diagonal fwd, hook across left shin.
7-8 Step right to right side, close left next right.

Sec 2: Right Lock Step Scuff, Rocking Chair.

1-2 Step right foot fwd, lock left behind right.
3-4 Step right foot fwd, scuff left foot fwd.
5-6 Rock fwd on left, recover back on right.
7-8 Rock back on left, recover fwd on right.

Sec 3: Step Pivot ½ Turn, Step, Scuff, Step Scuff, Step Scuff.

1-2 Step fwd on left, pivot ½ right.
3-4 Step fwd on left, scuff right foot fwd.
5-6 Step fwd on right, scuff left foot fwd.
7-8 Step fwd on left, scuff right foot fwd.

Sec 4: Side, Tog, Back, Hold, Chasse ¼ Turn.

1-2 Step right to right side, step left next right.
3-4 Step back on right, hold for a beat.
5-6 Step left to left side, close right next left.
7-8 Turn ¼ left stepping fwd on left, hold for a beat.

Sec 5: Step ¾ Turn Hold. Behind & Cross Hold.

1-2 Step fwd on right turn ½ turn left.
3-4 Turn ¼ left stepping right to right side, hold for a beat.
5-6 Step left behind right, step right to right side.
7-8 Cross left over right, hold for a beat.

Sec 6: Side, Flick, Flick, Flick. Out, Out, In, In.

1-2 Step right to right side, flick left leg up behind right slapping with right hand.
3-4 Flick left leg out to left side slapping with left hand, flick left leg up in front of right left slapping with right hand.
5-6 Step down on left, step right out to right side.
7-8 Step left to centre, step right next left.

Sec 7: ¼ Turn Hold, ½ Turn Hold, Back Lock Step Hold.

1-2 Turn ¼ left stepping fwd on left, hold for a beat.
3-4 Turn ½ left stepping back on right. Hold for a beat.
5-6 Step back on left, lock right across left.
7-8 Step back on left, hold for a beat.

Sec 8: Back Coaster Step Scuff, Left Shuffle Fwd Hold

1-2 Step back on right, step left next right.
3-4 Step fwd on right, scuff left foot fwd.

5-6 Step fwd on left, close right next left.
7-8 Step fwd on left, hold for a beat.

Start Again
