

# Sing & Tell

COPPER KNOB  
STEPSHEETS

拍数: 96      墙数: 2      级数: Phrased Intermediate  
编舞者: Maddison Glover (AUS) - July 2010  
音乐: Sing (Tell The Blues So Long) - David Campbell : (Album: Shout!)



Sequence : A A B A A B A ( To finish the dance after count 28 –A- Step R fwd , pivot ½ over L to the front , Stomp fwd as you place both hands palms down \*Hip level \* .

## Start on vocals

### PART A - 32

- 1&2,3,4 Shuffle R ( Step R to R side , Bring L next to R , Step R to R side ) , Rock back on L , return weight to R.  
5&6,7,8 Shuffle L ( Step L to L side , Bring R next to L , Step L to L side ) , Rock back on R , return weight to L .
- 1,2,3,4 Step R forward at 45° R , touch/clap L together , Step L back at 45° R , touch/clap R together .  
5,6,7,8 Step R fwd , Pivot ¼ L , Step R fwd , Pivot ¼ L.
- 1&2,3,4 Shuffle R ( Step R to R side , Bring L next to R , Step R to R side ) , Rock back on L , return weight to R.  
5&6,7,8 Shuffle L ( Step L to L side , Bring R next to L , Step L to L side ) , Rock back on R , return weight to L .
- 1,2,3,4 Step R forward at 45° R , touch/clap L together , Step L back at 45° R , touch/clap, R together .  
5&6&7,8 Touch R heel forward , step R beside L , touch L heel forward , step L beside R , Touch R heel fwd , touch R heel fwd.

### PART B - 64

- 1&2,3&4 Walk fwd R , L , Shuffle Fwd R,L,R  
5&6,7,8 Turn ½ R & shuffle back L,R,L , back rock onto R , fwd onto L .
- 1,2,3,4 Step R to R side , Step L together , Step R to R side , Touch L toe beside R  
5,6,7,8 Step L to L side , Step R together , Step L to L side , Touch R toe beside L  
(\* Whilst doing the 8 counts above , hands are raised -chest level- with palms facing the front , twiddling fingers \* Happy & Gay \*)
- 1,2,3&4 Double Kick R fwd , R coaster ( Step R back , Step L beside R , Step R fwd )  
5,6,7&8 Double Kick L fwd , L coaster ( Step L back , Step R beside L , Step L fwd )
- 1,2,3,4 Step R fwd , Pivot ½ over L , Step R fwd , pivot ½ over L  
5,6&7&8 Touch R toe beside L , Step R to R side , Step L behind R , step R to R side , Cross L in front of R , touch R toe beside L. ( Syncopated vine )
- 1,2,3&4 Step R to R side , Step L beside R , Shuffle fwd ( R,L,R )  
5,6,7&8 Step L to L side , step R beside L , Shuffle back ( L,R,L )
- 1,2,3,4 Rock R back , recover on L , Cross R over L , Point L to L side.  
5,6,7,8 Cross L over R , point R to R side , Cross R over L , unwind ½ over L keeping weight on L .
- 1,2,3&4 Touch R toe to R side ( Your R knee will be facing towards L diagonal ) , touch R heel to R side ( your L knee will be facing towards R diagonal ) , cross shuffle ( stepping R,L,R )  
5,6,7&8 Touch L toe to L side ( Your L knee will be facing towards R diagonal ) , touch L heel to L side ( your R knee will be facing towards L diagonal ) , cross shuffle ( stepping L,R,L )

1,2&3,4  
5&6&7,8

Step R to R side , touch L beside R , step onto L beside R, Walk fwd R,L  
Touch R heel forward, step R beside L, touch L heel forward, step L beside R, Touch R heel  
fwd , touch R heel fwd .

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