

My off The Record Love

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 2 级数: Intermediate NC2S
编舞者: Jef Camps (BEL) - October 2010
音乐: Off the Record - Aaron Watson : (CD: Shut Up and Dance)



"The Candlelight Country Dancers"

Start on voices! Have fun.

S1: R DIAGONAL STEP FWD, L CROSS ROCK, RECOVER, L BIG SIDE STEP, R CROSS ROCK, RECOVER, ¼ TURN R, R STEP FWD, L PIVOT ½ TURN R, FULL TURN L

1-2& Step RF diagonally fwd – LF cross over RF & recover on RF
3-4& Big step with LF to the side – RF cross over LF & recover on LF
5-6& ¼ turn R, step fwd on RF – LF step fwd & L+R make a ½ turn R
7-8& LF step fwd – ½ turn L, step bwd on RF & make a ½ turn L, step fwd on LF

S2: ¼ TURN LEFT, R AND L NIGHTCLUB BASIC, R PIVOT ½ TURN L, R STEP FWD, FULL TURN R WITH RL HOOKED

1-2& ¼ turn left, big step with RF to the side – LF cross behind & recover on RF
3-4& Big step with LF to the side – RF cross behind & recover on LF
5-6-7 RF step fwd – R+L make a ½ turn L – RF step fwd **
8& make a ½ turn R while stepping LF bwd & hook RL before L while making ½ turn R to become your full turn

S3: R ROCK FWD, RECOVER, TOGETHER, L ROCK FWD, RECOVER, TOGETHER, CROSS R OVER L, UNWIND ¼ TURN L, L STEP LOCK STEP BWD, R STEP BWD

1-2& Rock fwd on your RF – recover on LF & replace RF next to LF
3-4& Rock fwd on you LF – recover on RF & replace LF next to RF (a little bwd)
5-6 Cross your RF over LF and make a ¾ unwind turn L (weight on the RF)
7&8& LF step bwd & RF lock before LF & LF step bwd & RF step bwd

S4: L TOUCH HOOKED NEXTTO R, L STEP FWD, ½ TURN L, ¼ TRUN L NIGHTCLUB BASIC, R BIG STEP TO SIDE, L SLIDE AND CROSS R OVER L, SWAYS

1-2& Touch LF crossed before RF – LF step fwd & step RF bwd while making a ½ turn L
3-4& ¼ turn L, LF big step to side – RF cross behind LF & recover on LF
5-6& RF big step to side – slide LF together & cross RF over LF
7-8& Step LF to side, push hips to left – push hips to right & replace weight on LF

S5: R CROSS OVER L, ½ TURN R HINGE, SCISSOR STEP, ½ TURN R HINGE, RF TOUCH TO SIDE, RF TOUCH BEHIND L

1-2&3 Cross RF over LF – ¼ turn R, LF step bwd & ¼ turn R, RF step to side & LF cross over RF
4&5 Step RF to side & step LF together & cross RF over LF
6&7 ¼ turn R, LF step bwd & ¼ turn R, RF step to side & LF cross over RF
8& Touch RF to side & touch RF behind LF

S6: R NIGHTCLUB BASIC, L BIG STEP TO SIDE, R TOUCH NEXTO LEFT, R COASTER STEP, L CROSS OVER R AND MAKE A FULL TURN UNWIND, R DIAGONAL STEP, L LOCK BEHIND

1-2& RF big step to side – cross LF behind RF & recover on RF
3-4 LF big step to side – touch RF next to LF *
5&6 RF step bwd & LF step together & RF step fwd
7-8& Cross LF over RF, make a unwind full turn R – RF step fwd & lock LF behind RF

Restarts :

* In the 2nd and 4th wall after 44 counts.

** In the 5th wall, you dance till count 15 and you add next steps, after these steps you restart dancing with count 1.

16& step fwd on left, right foot touch nextto left
