

Satisfied

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lesley Clark (SCO) - September 2010
音乐: I'll Be Satisfied - Shakin' Stevens



Intro: 8 count intro start on vocals

Section 1

TOE STRUT, ROCK, RECOVER, TOE STRUT, ROCK, RECOVER

- 1-2 Touch right toe out to right side, drop heel
- 3-4 Rock back on left, recover on right
- 5-6 Touch left toe out to left side, drop heel
- 7-8 Rock back on right, recover on left

Section 2

¼ TURN TOE STRUT, ROCK, RECOVER, TOE STRUT, ROCK, RECOVER

- 1-2 ¼ turn left touching right toe to right side, drop heel
- 3-4 Rock back on left, recover on right
- 5-6 Touch left toe to left side, drop heel
- 7-8 Rock back right, recover left

Section 3

CHASSE RIGHT, ROCK, RECOVER, KICK-BALL CROSS X2

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock back on left, recover on right
- 5&6 Kick left foot forward, bring back in place, cross step right over left
- 7&8 Kick left foot forward, bring back in place, cross step right over left

Section 4

CHASSE LEFT, ROCK BACK, RECOVER, KICK-BALL CROSS X2

- 1&2 Step left to left side, step right next to left, step left to left side
- 3-4 Rock back on right, recover on left
- 5&6 Kick right foot forward, bring back in place, cross step left over right
- 7&8 Kick right foot forward, bring back in place, cross step left over right

Start Again.....Happy Dancing.....
