

Euro Mess!

拍数: 80 墙数: 1 级数: Phrased Intermediate
编舞者: Jo Kinser (UK), Daniel Trepap (NL) & Niels Poulsen (DK) - October 2010
音乐: Hot Mess (DJ Cirkut Remix) - Cobra Starship : (Clean Edit)



Type of dance: 1 wall AB dance. A = 48 counts, B = 32 counts

Intro: Start on word PRO 'You were a problem child'. Weight on L
Phrasing: A, B, A, B, B, A, last 8 counts of A, B, B, 16 counts of B + Ending

A section

[1 – 8] R kick & point & point hitch point, R sailor step, behind side cross

1&2& Kick R fw (1), step R next to L (&), point L to L side (2), step L next to R (&) 12:00
3&4 Point R to R side (3), hitch R slightly over L knee (&), point R to R side (4) 12:00
5&6 Cross R behind L (5), step L to L side (&), step R to R side (6) 12:00
7&8 Cross L behind R (7), step R to R side (&), cross L over R (8) 12:00

[9 – 16] R scissor step, hold, ball cross, side L, cross point, side R, cross point

1&2 Step R to R side (1), step L next to R (&), cross R over L (2) 12:00
3&4 Hold (3), step L a small step to L side (&), cross R over L (4) 12:00
5 – 6 Step L to L side (5), cross point R over L (6) 12:00
7 – 8 Step R to R side (7), cross point L over R (8) 12:00

[17 – 24] ¼ L, step fw R with ½ L with sweep, hold, ball step, walk L R, hold, ball step

1 – 2 Turn ¼ L stepping fw on L (1), step fw on R turning ½ L starting to sweep L out to L side (2) 3:00
3&4 Keep sweeping L (3), step down on ball of L foot (&), step fw on R (4) 3:00
5 – 6 Walk fw L (5), walk fw R (6) 3:00
7&8 Hold (7), step fw on ball of L (&), step fw on R (8) 3:00

[25 – 32] Jazz ¼ L into a rolling vine, big side step L, hold/drag, & cross & cross

1 – 2 Cross L over R (1), turn ¼ L stepping back on R (2) 12:00
3 – 4 Turn ¼ L stepping fw on L (3), turn ½ L stepping back on R (4) 3:00
5 – 6 Turn ¼ L stepping L a big step to L side (5), drag R towards L (6) 12:00
&7&8 Step R next to L (&), cross L over R (7), step R a small step R (&), cross L over R (8) 12:00

[33 – 40] L ½ turn box, ½ shuffle turn, L coaster step, out R, out L

1 – 2 Turn ¼ L stepping back on R (1), turn ¼ L stepping fw on L (2) 6:00
3&4 Turn ¼ L stepping R to R side (3), cross lock L over R (&), turn ¼ L stepping back on R (4) 12:00
5&6 Step back on L (5), step R next to L (&), step fw on L (6) 12:00
7 - 8 Roll R knees towards L knees and then step R out to R side (7), Repeat with L (8) 12:00

[41 – 48] Cross rock side X 2, R & L heel pops, hold, ball together

1&2 Cross rock R over L (1), recover on L (&), step R to R side (2) 12:00
3&4 Cross rock L over R (3), recover on R (&), step L to L side (4) 12:00
&5&6 Swivel R heel to L (&), swivel R heel back to centre taking weight on R (5), repeat with L heel (&6) 12:00
7&8 Hold (7), step R to centre (&), step L next to R (8) 12:00

NOTE! After the 3rd A section you repeat counts 41-48 to stick to the phrasing of the music

B section

[1 – 8] Out R L, R chasse, out L R, chasse L

- 1 – 2 Roll R knees towards L knees and then step R out to R side (1), Repeat with L (2) 12:00
- 3&4 Step R to R side (3), step L next to R (&), step R to R side (4) 12:00
- 5 – 6 Roll L knees towards R knees and then step L out to L side (5), Repeat with R (6) 12:00
- 7&8 Step L to L side (7), step R next to L (&), step L to L side (8) 12:00

[9 – 16] Jazz box ¼ L X 2

- 1 - 2 Cross R over L (1), turn ¼ R stepping back on L (2) 3:00
- 3 - 4 Step R to R side (3), step L a small step fw (4) 3:00
- 5 – 6 Cross R over L (5), turn ¼ R stepping back on L (6) 6:00
- 7 – 8 Step R to R side (7), step L a small step fw (8) 6:00

[17 – 24] Hip bump R then L, walk R L, point ¼ L with hips

- 1&2 Step R to R side bumping hips to R, recover on L, bump hips to R side again 6:00
- 3&4 Step L to L side bumping hips to L, recover on R, bump hips to L side again 6:00
- 5 – 6 Walk fw on R (5), walk fw on L (6) 6:00
- 7&8 Turn ¼ L pointing R to R side and bumping hips to R side (7), recover L (&), bumps hips R (8) 3:00

OPTION On counts 1-4: SHAKE AS MUCH AS POSSIBLE

[25 – 32] ¼ point with hips, walk R L, Out out in in

- 1&2 Turn ¼ L bumping hips fw (1), recover on R (&), bump hips fw again and taking weight on L (2) 12:00
- 3 – 4 Walk fw on R (3), walk fw on L (4) 12:00
- 5 – 6 Step R out to R side (5), step L out to L side (6) 12:00
- 7 – 8 Step R to centre (7), step L to centre (8) 12:00

Begin again!...

Ending During your last set of B you do up to count 16 (end of 2nd jazz box), now facing 6:00. To end facing 12:00 simply just turn ½ R pointing R foot fw and pointing R finger fw 12:00

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