

ABBAcadabra

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Ross Brown (ENG) - October 2010
音乐: ABBA Medley (Fast) - Abbaacadabra : (CD: Almighty Presents: We Love ABBA - 3:10)



Alternative Music: ABBA Medley (Slow) by Abbaacadabra (132 BPM). CD; Almighty Presents: We Love ABBA [Length 3:16]

Intro: 32 Counts (Approx. 16 Secs)

VINE RIGHT. VINE LEFT.

- 1 – 2 Step right to the right, cross step left behind right.
- 3 – 4 Step right to the right, touch left next to right.
- 5 – 6 Step left to the left, cross step right behind left.
- 7 – 8 Step left to the left, touch right next to left. (12 o'clock)

DIAGONAL STEP, TOUCHES; FORWARD, FORWARD, BACK, BACK.

- 1 – 2 Step forward to right diagonal with right, touch left next to right.
- 3 – 4 Step forward to left diagonal with left, touch right next to left.
- 5 – 6 Step back to right diagonal with right, touch left next to right.
- 7 – 8 Step back to left diagonal with left, touch right next to left. (12 o'clock)

KICKING CHARLESTON STEP. STEP, HITCH ¼ TURN R, BACK, TOUCH.

- 1 – 2 Step forward with right, kick left foot forward.
- 3 – 4 Step back with left, touch right toe back.
- 5 – 6 Step forward with right, make a ¼ turn right hitching left knee up.
- 7 – 8 Step back with left, touch right toe next to left. (3 o'clock)

KICKING CHARLESTON STEP. STEP, HITCH ¼ TURN R, BACK, TOUCH.

- 1 – 2 Step forward with right, kick left foot forward.
- 3 – 4 Step back with left, touch right toe back.
- 5 – 6 Step forward with right, make a ¼ turn right hitching left knee up.
- 7 – 8 Step back with left, touch right toe next to left. (6 o'clock)

End of Dance. Start again and Enjoy!

Contact: ross-brown@hotmail.co.uk