ABBAcadabra



拍数: 32 墙数: 2 级数: Absolute Beginner

编舞者: Ross Brown (ENG) - October 2010

音乐: ABBA Medley (Fast) - Abbacadabra: (CD: Almighty Presents: We Love ABBA -

3:10)



Alternative Music: ABBA Medley (Slow) by Abbacadabra (132 BPM). CD; Almighty Presents: We Love ABBA [Length 3:16]

Intro: 32 Counts (Approx. 16 Secs)

VINE RIGHT. VINE LEFT.

1 – 2	Step right to the right, cross step left behind right.
3 – 4	Step right to the right, touch left next to right.
5 – 6	Step left to the left, cross step right behind left.

7 – 8 Step left to the left, touch right next to left. (12 o'clock)

DIAGONAL STEP, TOUCHES; FORWARD, FORWARD, BACK, BACK.

1 – 2	Step forward to right diagonal with right, touch left next to right.
3 – 4	Step forward to left diagonal with left, touch right next to left.
5 – 6	Step back to right diagonal with right, touch left next to right.
7 – 8	Step back to left diagonal with left, touch right next to left. (12 o'cloc

Step back to left diagonal with left, touch right next to left. (12 o'clock)

KICKING CHARLESTON STEP, STEP, HITCH 1/4 TURN R. BACK, TOUCH

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1 – 2	Step forward with right, kick left foot forward.	
3 – 4	Step back with left, touch right toe back.	
5 – 6	Step forward with right, make a 1/4 turn right hitching left knee up.	
7 – 8	Step back with left, touch right toe next to left. (3 o'clock)	

KICKING CHARLESTON STEP. STEP. HITCH 1/4 TURN R. BACK. TOUCH.

1 – 2	Step forward with right, kick left foot forward.
3 – 4	Step back with left, touch right toe back.
5 – 6	Step forward with right, make a ¼ turn right hitching left knee up.
7 – 8	Step back with left, touch right toe next to left. (6 o'clock)

End of Dance. Start again and Enjoy!

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