

Long Long Way (P)

拍数: 32 墙数: 0 级数: Improver Partner
编舞者: DJ Dan (NL) & Wynette Miller (NL) - March 2008
音乐: Long Long Way - Alan Jackson : (CD: Good Time)



Right side by side position. Same footwork unless stated.
Start on vocals.

CHASSE RIGHT, BACK ROCK; CHASSE LEFT, BACK ROCK.

1&2 Step Right to right side. Step Left next to Right. Step Right to right side.
3-4 Rock Left back. Recover onto Right.
5&6 Step Left to left side. Step Right next to Left. Step Left to left side.
7-8 Rock Right back. Recover onto Left.

ROCK STEP FORWARD, 1/2 TURNING SHUFFLE; ROCK STEP FORWARD, COASTER STEP

1-2 Rock Right forward. Recover onto Left.
3&4 Shuffle 1/2 turn right stepping Right, Left, Right RLOD
5-6 Rock Left forward. Recover onto Right.
7&8 Step Left back. Step Right next to Left. Step Left forward

Both STEP, 1/2 PIVOT TURN LEFT, Man TWO SHUFFLES FORWARD, Lady TWO 1/2 TURNING SHUFFLES, Both SHUFFLE FORWARD

1-2 Both Step Right forward. Pivot 1/2 turn left. LOD

Let go right hands, raise left hands.

3&4 Man Shuffle forward stepping Right, Left, Right.
3&4 Lady Shuffle 1/2 turn left stepping Right, Left, Right RLOD
5&6 Man Shuffle forward stepping Left, Right, Left.
5&6 Lady Shuffle 1/2 turn left stepping Left, Right, Left. LOD

Rejoin right hands. Right side-by-side

7-8 Both Shuffle forward stepping Right, Left, Right.

ROCK STEP FORWARD, COASTER STEP; JAZZ BOX CROSS

1-2 Rock Left forward. Recover onto Right.
3&4 Step Left back. Step Right next to Left. Step Left forward.
5-8 Cross Right over Left. Step Left back. Step Right to right side. Cross Left over Right.

Begin again and have fun.

Contact: djdan_miller@hotmail.com