

Misery

拍数: 40 墙数: 4 级数: Intermediate
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音乐: Misery - Maroon 5



Walk Right, Left, Right Lock Step, Left Mambo Step, Sailor Half Turn.

1-2 Step Forward Right, Step Forward Left.
3&4 Step Right Forward, Lock Left Behind Right, Step Right Forward.
5&6 Rock forward on L. Rock back on R. Step back on L.
7&8 Make 1/4 turn to Right Crossing Right Behind Left, 1/4 turn Right stepping Back On The Left, step forward Right.

Quarter Turn Jazzbox, Behind Side Cross, Left Point and Right Point and Left Heel and Right Toe.

1&2 Cross Left Over Right , Step Back on Right Making Quarter Turn Left, Step Left to Left Side.
3&4 Step Right Behind Left , Step Left To Left Side, Cross Left Over Right.
5&6 Point Left To Left Side, Bring Left In and Point Right To Right Side.
&7&8 Bring Right In and Dig Left Heel Forward, Bring Left in and Point Right Toe Behind (Keeping Weight on the Left).

Rock , Sailor Quarter Turn , Left Lock Step , Right Lock Step , Step.

1-2 Rock Forward Right , Recover on to LeRightft.
3&4 Cross Right Behind Left, Step Left Back Making a Quarter Turn Right , Step Forward on the Right.
5&6 Step left forward. Lock right behind left. Step left forward.
&7& Step right forward. Lock left behind right. Step right forward.
8 Step Left Foot Forward.

Rock, Shuffle Back, Left Coaster Step , Walk Right, Walk Left.

1-2 Rock Forward on The Right , Recover on The Left.
3&4 Step Right Back, Step Left Together, Step Right Back.
5&6 Step Left Back , Step Right Foot Next To Left, Step Left Foot Forward.
7-8 Walk Right , Walk Left

Syncopated Weave to the Left , Monterey Quarter Turn Left Flick.

1&2 Cross Right Over left , Step Left To Left Side , Step Right Behind Left.
&3&4 Step Left to Left , Cross Right Over Left , Step Left to Left , Cross Right behind left.
5-6 Point Left to Left, Make a Quarter Turn Left as you step left next to right.
7-8 Point Right to Right and flick right behind left.

Tag : After Walls 2 and 5.

Walk R , Walk L , Right Lock Step , L Rock , L Coaster Step.

1-2 Step Forward Right, Step Forward Left.
3&4 Step Right Forward, Lock Left Behind Right, Step Right Forward.
5-6 Rock Forward On The Left , Recover on To Right.
7&8 Step Left Back , Step Right Next to Left , Step Forward on Left.

Restart.

Wall 8 Dance up to 24 counts after the lock steps and start again .