Elvis Shuffle



编舞者: Pat Stott (UK) - October 2010 音乐: Return to Sender - Elvis Presley 或: She's Not You - Elvis Presley 或: Pack Up - Eliza Doolittle



Commence dance:

Return to Sender after 16 beats on vocals She's not You after 2 seconds on the word "Soft" Pack Up after 32 beats on vocals

Chasse to right, rock back, recover, chasse left, rock back, recover

1&2	Right to right, close left to right, right to right
3-4	Rock back on left, recover onto right
5&6	Left to left, close right to left, left to left

7-8 Rock back on right, recover onto left

*1/2 turning shuffle, rock back, recover, walk, walk, kick ball change

1&2	Turning 1/2 left- shuffle right, left, right
3-4	Rock back on left, recover onto right

5-6 Walk forward – left, right

7&8 Kick left fwd, step onto ball of left, step right in place

*1/8th paddle, 1/8th paddle, jazz box, tap

1-2	Paddle 1/8th right
3-4	Paddle 1/8th right

5-8 Cross left over right, step back on right, step left to left, tap right next to left

Side, tap, side, tap, Elvis knees

1-2	Step right to right, tap left next to right
3-4	Step left to left, tap right next to left

5-8 Elvis knees – pop left knee in, right knee in, left knee in, right knee in

End of dance

Choreographers note:-

Have fun with the Elvis knees maybe replace them occasionally with an Elvis pose and hold. Also you could replace the jazz box section with a full turn right stepping left, right, left, tap

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