

# 2 Lonely Arms & Lips

COPPER KNOB  
STEPPERS

拍数: 68      墙数: 2      级数: Intermediate  
编舞者: John Warnars (NL) - October 2010  
音乐: Two Arms, Two Lips, Too Lonely, Too Long - Teea Goans : (CD: The Way I Remember It)



Music link : <http://www.youtube.com/watch?v=ulkbvDfVug&feature=related>  
Intro 36 counts.

## RIGHT SIDE SHUFFLE, ROCK BACK, RECOVER, WEAVE LEFT;

- 1 . RF Step to right side
- & LF Step next to RF
- 2 . RF Step to right side
- 3 . LF Rock back
- 4 . RF Rock back onto right
- 5 . LF Step to left side
- 6 . RF Step right behind left
- 7 . LF Step to left side
- 8 . RF Cross right over left

## LEFT SIDE SHUFFLE, ROCK BACK, RECOVER, WEAVE RIGHT;

- 1 . LF Step to left side
- & RF Step / beside Left
- 2 . LF Step to left side
- 3 . RF Step / rock back
- 4 . LF Rock back onto left
- 5 . RF Step to right side
- 6 . LF Cross left behind right
- 7 . RF Step to right side
- 8 . LF Cross left over right

## FIGURE EIGHT of GRAPEVINE;

- 1 . RF Step to right side
- 2 . LF Cross left behind right
- 3 . RF Step  $\frac{1}{4}$  turn right for (3)
- 4 . LF Step forward
- 5 . LF+ RF Make a  $\frac{1}{2}$  turn right (9)
- 6 . LF Step  $\frac{1}{4}$  turn right side (12)
- 7 . RF Step right behind left
- 8 . LF Step  $\frac{1}{4}$  turn left for (9)

## ROCKING CHAIR, RIGHT SHUFFLE, CROSS STEP, $\frac{3}{4}$ TURN RIGHT;

- 1 . RF Step / rock forward
- 2 . LF Rock back onto left
- 3 . RF Step / rock back
- 4 . LF Rock back on right
- 5 . RF Step forward
- & LF Step next to RF
- 6 . RF Step forward
- 7 . LF Cross left over right
- 8 . LF+RF Make a  $\frac{3}{4}$  turn right (6)

**RIGHT SIDE SHUFFLE, CROSS ROCK, RECOVER, WEAVE LEFT;**

- 1 . RF Step to right side
- & LF Step next to RF
- 2 . RF Step to right side
- 3 . LF Rock left over right
- 4 . RF Rock back onto right
- 5 . LF Step to left side
- 6 . RF Cross right over left
- 7 . LF Step to left side
- 8 . RF Step right behind left

**LEFT SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ TURN RIGHT WEAVE;**

- 1 . LF Step to left side
- & RF Step / beside Left
- 2 . LF Step to left side
- 3 . RF Step / rock right behind left
- 4 . LF Rock back onto left
- 5 . RF Step to right side
- 6 . LF Cross left behind right
- 7 . RF Step ¼ turn to right for (9)
- 8 . LF Step forward

**TOE HEEL STEPS with ½ TURN, SIDE & CROSS STEP;**

- 1 . RF Step with toes forwards
- 2 . RF Drop heel down
- 3 . LF Step left foot back a ½ turn right (3)
- 4 . LF Drop heel down
- 5 . RF Step right foot ¼ turn right side
- 6 . RF Drop heel down
- 7 . LF Cross step left toe over RF
- 8 . LF Drop heel down

**½ MONTEREY TURN, SIDE SHUFFLE, ROCK BACK, RECOVER;**

- 1 . RF Touch right toe to right side
- 2 . RF make a ½ turn right on ball of LF & close RF next LF (12)
- 3 . LF Touch left toe to left side
- 4 . LF Touch left toe beside right
- 5 . LF Step to left side
- & RF Step / beside Left
- 6 . LF Step to left side
- 7 . RF Step / rock back
- 8 . LF Rock back onto left

**¼ TURN KICK BALL CHANGE 2X;**

- 1 . RF Kick forward
- & RF Step / closes next to left with ¼ turn left (9)
- 2 . LF step next to RF
- 3 . RF Kick forward
- & RF Step / closes with ¼ turn left beside left (6)
- 4 . LF Step next to RF

(1.) Start again ...

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