Won't You Stay



编舞者: Pablo K (USA) - September 2010

音乐: Stay - Jackson Browne: (Album: Stay - LP Version)



Alternate music: Rockin' Pneumonia by Ronnie McDowell [Rockin' Pneumonia (116 bpm)]

Intro:

When using Stay by Jackson Browne;

Start dancing almost immediately after first word (People), or wait another 32 counts to begin.

(1) CHASSE BACK, ROCK BACK, RECOVER, CHASSE L, CROSS BEHIND, SIDE, STEP

1&2 Chasse back diagonal right (R,L,R)3-4 Rock back on L, Recover on R

5&6 Chasse left (L,R,L)

7-8 Cross R behind left, Step L to side

(2) ROCK FORWARD, RECOVER, LOCK STEP BACK, ROCK BACK, RECOVER, TRIPLE STEP ½ TURN

1-2 Making a 1/4 turn left - rock forward R, Recover L (9:00)
3&4 Step R back, Lock step L in front of right, Step R back

5-6 Rock back L, Recover on R

7&8 Traveling forward - turn ½ right with triple step (L,R,L) End with WOL (3:00)

(3) ROCK BACK, RECOVER, KICK, KICK, UNWIND 1/2 RIGHT, KICK, STEP BACK

1-2 Rock back on R, Recover L

3-4 Kick R forward 2x

5-6 Touch back R, Unwind ½ turn right on balls of both feet End with WOR (9:00)

7-8 Kick L forward, Step L back

(4) TURN WITH SWEEP, CROSS, RECOVER, SIDE, CROSS, RECOVER, TURN, TURN

1 Making ¼ turn right - sweep R around and step to right side (12:00)

2-3 Rock L across right, Recover R

4 Step L to side

5-6 Rock R across left, Recover L

7-8 Turning ¼ right - Step R forward (3:00), Turning ¼ right - Step back on L (6:00)

REPEAT

Questions? Comments? Contact Pablo: paul_n_shadow@msn.com