

# Look Inside

拍数: 32      墙数: 2      级数: Beginner  
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音乐: F\*\*k You - Lily Allen



Intro: 32

## Section 1: Kick, Point, Coaster Step x2.

- 1 – 2      Kick right forward. Point right to right side.
- 3 & 4      Step back on right. Step left next to right. Step forward right.
- 5 – 6      Kick left forward. Point left to left side.
- 7 & 8      Step back on left. Step right next to left. Step forward left.

## Section 2: Cross Point x2, Left Weave.

- 1 – 2      Cross right over left. Point left toe to left.
- 3 – 4      Cross left over right. Point right toe to right.
- 5 – 6      Cross right over left. Step left to left.
- 7 – 8      Step right behind left. Step left to left.

## Section 3: Cross Rock, ¼ Turn Shuffle.

- 1 – 2      Right cross rock over left. Recover on right.
- 3 & 4      Step right to right. Step left next to right. Step ¼ turn right forward.
- 5 – 6      Left cross rock over right. Recover on left.
- 7 – 8      Step left to left. Step right next to left. Step ¼ turn left forward. (12)

## Section 4: Syncopated Heel & Toe, Paddle ¼ Turn x2.

- 1 & 2      Touch right heel forward. Step right next to left. Touch left toe in place.
- 3 & 4      Touch left heel forward. Step left next to right. Touch right toe in place.
- 5 – 6      Step forward on right. ¼ turn left.
- 7 – 8      Step forward on right. ¼ turn left.

## Easy Tags: After Walls 2, 6 and 10.

- 1-4      Slow hip bumps right and left
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