

Armor, Armor

拍数: 64 墙数: 2 级数: Improver
编舞者: Celia Stevens (NZ) - July 2010
音乐: The River of Love / El Rio Amor - John Arthur Martinez : (Album: Lone Starry Night)



Intro 16 Counts from heavy beat, start on the word "NIGHT"

This dance is done in two directions only:

(1 – 8) STEP POINT, STEP POINT, CROSS ¼, ¼ FWD SHUFFLE.

1, 2, 3, 4 Step R forward, Point L to left, Step L forward, Point R to right
5, 6 Step R over left, Turn ¼ right step L back (3:00)
7&8 Turn ¼ right shuffle forward R-L-R (6:00)

(9 – 16) SIDE, BEHIND, ¼ FWD SHUFFLE, ¾ PIVOT, SIDE SHUFFLE.

1, 2 Step L to left, Step R behind
3&4 Turn ¼ left shuffle forward L-R-L (3:00)
5, 6 Step R forward, Turn ¾ left weight L (6:00)
7&8 Side shuffle R-L-R

(17 – 24) BEHIND POINT, BEHIND, SIDE, CROSS SHUFFLE, SIDE, ¼ .

1, 2 Step L behind right, Point R to right (#)[Wall 3 - hold, 2 counts restart here]
3, 4 Step R behind left, Step L to left
5&6 Step R over left, Step L to left, Step R over left
7, 8 Step L to left, Turn ¼ right step R forward (9:00)

(25 – 32) FWD SUFFLE, FULL TURN, ¼ PIVOT, CROSS SHUFFLE.

1&2 Shuffle forward L-R-L
3, 4 Turn ½ left step R back, Turn ½ left step L forward (9:00)
5, 6 Step R forward, Turn ¼ left weight L (6:00)
7&8 Step R over left, Step L to left, Step R over left

(33 – 40) FWD ROCK, ¼ CHA-CHA-CHA, ¼ ROCK, ¼ CHA-CHA-CHA.

1, 2 Step L forward, Recover weight R
3&4 Turn ¼ left triple step in place L-R-L (3:00)
5, 6 Turn ¼ left step R forward, Recover weight L (12:00)
7&8 Turn ¼ right triple step in place R-L-R (3:00)

(41 - 48) ¼ SIDE, BEHIND, ¼ FWD SHUFFLE, ½ PIVOT, ¼ PIVOT.

1, 2 Turn ¼ right step L to left, Step R behind left (6:00)
3&4 Turn ¼ left shuffle forward L-R-L (3:00)
5, 6 Step R forward, Turn ½ left weight L (9:00)
7, 8 Step R forward, Turn ¼ left weight L (6:00)

(49 – 56) ROCK/RECOVER, COASTER, ROCK/RECOVER, COASTER.

1, 2 Step R forward, Recover weight L
3&4 Step R back, Step L together, Step R forward
5, 6 Step L forward, Recover weight R
7&8 Step L back, Step R together, Step L forward

(57 – 64) SIDE BEHIND, ¼ SHUFFLE, ½ PIVOT, ¼ POINT.

1, 2 Step R to right, Step L behind
3&4 Turn ¼ right shuffle forward R-L-R (9:00)

5, 6 Step L forward, Turn ½ right weight R (3:00)
7, 8 Turn ¼ right step L together, Point R to right (6:00)

(64) REPEAT & ENJOY!

RESTART: On Wall 3 dance up to count 18 (#) HOLD for 2 counts then restart from the beginning now facing 6:00

FINISH: On wall 7 dance up to count 16 then touch L behind right unwind ½ left, the music will stop/start/stop/start three times, you can cha-cha-cha on the spot 3 times.

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