

So Said Joe

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Bracken Heidenreich (USA), James "JP" Potter (USA) & Scott Blevins (USA) -
September 2010
音乐: Kandi (Ash Howes Mix) - One Eskimo



Please note: The first set of 8 may look confusing but just relax and hit the rhythm of the guitar strums.
16 count intro,

WALK, WALK, STEP TURN CROSS, BACK, AND CROSS, ROCK AND STEP, STEP

1,2 1) Walk Right forward; 2) Walk Left forward (12:00)
a,3,a a) Step Right forward; 3) Pivot 1/4 turn left and step Left in place; a) Step ball of Right across left (9:00)*
***Lower half of body turns toward 9:00, shoulders and head stay toward 12:00**
4 No movement on count 4.
a Pushing off ball of Right, make 1/4 turn right and step Left back (12:00)
5 Drag Right foot towards left (no weight change)
&6 &) Step Right to right side; 6) Step Left across right
a,7,a a) Rock Right to right side; 7) Recover to Left in place; a) Step Right next to left (angle body to 1:00)
8 No movement on count 8
a Step Left forward (still on diagonal) (1:00)

HALF TURN, STEP, SHUFFLE FORWARD, QUARTER AND CROSS, BACK, AND CROSS

1,2 1) Pivot 1/2 turn right on L foot; 2) Step forward on right foot (7:00)
3&4 Shuffle forward L---R---L
5&6 5) Step Right forward; &) Pivot 1/4 turn left; 6) Step Right across left (5:00)
7 Make 1/8 turn right and step Left back (6:00)
&8 &) Step Right to right side; 8) Step Left across right

AND CROSS, TOUCH UP, RUN, RUN, RUN, PIVOT, HALF, BACK TOGETHER CROSS

&1 &) Step Right to right side; 1) Step Left across right
&2 &) Touch Right to right side; 2) Bring Right next to left and rise on ball of left while hitching right knee
3&4 3) Step Right forward; &) Step Left forward; 4) Step Right forward
5,6 5) Pivot 1/2 turn left putting weight on Left; 6) Pivot 1/2 turn left and step Right back (6:00)
7&8 7) Step Left back; &) Step Right next to Left; 8) Make 1/4 turn left and step Left across Right (3:00)

TRIPLE 3/4, PREP, TURN, TURN, FORWARD, RECOVER, BEHIND QUARTER FORWARD

1&2 1) Make 1/4 turn right and step Right forward; &) Make 1/2 turn right and step Left next to right; 2) Step Right forward (12:00)
3 Step Left forward (12:00)
4 Make 1/2 turn over left shoulder and step back on Right foot (6:00)
&5,6 &) Make 1/2 turn left on Right foot; 5) Step Left forward; 6) Recover to Right (12:00)
7&8 7) Step Left behind right; &) Make 1/4 turn right and step Right forward; 8) Step Left forward (3:00)

START OVER AND HAVE FUN!!!