

Sad Movies

拍数: 64 墙数: 4 级数: Improver
编舞者: Kenny Teh (MY) - September 2010
音乐: Sad Movies - Boney M.



This dance is dedicated to Alice Lim of KL who as she puts it " I really like this song.....hmmm sob sob.....sad movies make me cry "

Start dance on vocals. (40 counts after the strong beat : 28 sec after start of music)

Restart at 3rd, 4th, 6th and 7th Wall: dance until 40 counts and restart the dance.

1&2 3&4 Cross L over R, Step R to R, recover L, Cross R over L, step L to L, recover R
5 6 7 8 Rock L fwd, recover R, ½ turn L shuffle fwd LRL (6.00)

1&2 3&4 Cross RL over L, Step L to L, recover R, Cross L over R, step R to R, recover L
5 6 7 8 Rock R fwd, recover L, 1/4 turn R side shuffle RLR (9.00)

1 2 3 4 Cross L over R, step R to R, cross L behind R, ¼ turn R step R fwd
5 6 7&8 Step L fwd, ¾ turn R step on R, chasse LRL (9.00)

1&2 3&4 Right Sailor step, L sailor with ¼ turn L
5 6 7&8 Rock R fwd, ½ turn L hitch L, shuffle fwd LRL (12.00)

1 2 3 4 Step R, flick L behind R, step L, flick R behind L
5 6 7 8 Touch R toe behind L, bounce both heel 3 time making ½ turn R ending with weight on R
(6.00)

This is the RESTART point...

1 2 3&4 Rock L fwd, recover R, coastal step
5 6 7&8 Rock R fwd, recover L, ½ turn R shuffle fwd RLR (12.00)

1&2 3&4 L kick ball change, ¼ turn R L kick ball change (3.00)
5 6 &7 8 Touch L toe fwd, hold, step L beside R, touch R toe fwd, hitch R across L

1&2 3 4 Shuffle fwd RLR, step L fwd, pivot ½ turn R (9.00)
5 6 7 8 Cross L over R, cross R over L, Cross L over R, cross R over L

Option 5-8: skate or bogie walk

Repeat

Website: <http://www.kennyteho.spaces.live.com> - Email: kennyteho@yahoo.com