

Up all Night

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Up All Night - Take That



Intro: 8 Counts

Side, Cross, Chasse right, Back Rock left, recover, Chasse Left

1 – 2 Step right to right side, cross left in front of right
3 & 4 Step right to right side, step left beside right, step right to right side
5 – 6 Rock back left, recover
7 – 8 Step left to left side, step right beside left, step left to left side

Back Rock right, recover, kickball Step twice, ¼ step turn left

1 – 2 Rock back right, recover
3 & 4 Kick right Fwd. step right beside left, step Fwd. left
5 & 6 Kick right Fwd. step right beside left, step Fwd. left
7 - 8 Step Fwd. right, make ¼ turn left (Weight on left)

Syncopated weave left, Sailor step right, left

1 & 2 & Cross right over left, step left to left side, cross right behind left, step left to left side
3 & 4 & Cross right over left, step left to left side, cross right behind left, step left to left side
5 & 6 Cross right behind left, step left beside right, step right beside left
7 & 8 Cross left behind right, step right beside left, step left beside right

Heel switches, shuffle fwd. right, rock, recover Coaster cross

1 & 2 & Tap right heel Fwd. step right beside left, Tap left heel Fwd. step left beside right
3 & 4 Step Fwd. right, step left behind right step Fwd. left
5 – 6 Rock Fwd. left, recover
7 & 8 Step back left, step right beside left, cross left in front of right

There is one easy Tag after 3 wall (Facing 3 O`clock)

Mambo right, mambo left, heel switches

1 & 2 Rock right to right side, recover, step right beside left
3 & 4 Rock left to left side, recover, step left beside right
5 & 6 & Tap right heel Fwd. step right beside left, Tap left heel Fwd. step left beside right
7 & 8 & Tap right heel Fwd. step right beside left, Tap left heel Fwd. step left beside right

Begin again!

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