

Belinda

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sebastiaan Holtland (NL) - September 2010
音乐: Pretty Belinda - Dr. Victor & The Rasta Rebels : (CD: New Flame)



Intro: 32 Count (19 sec)

Sec 1: 1-8 Step Fwd, 1/2 Turn R, Back, Back, Heel, Step Fwd, 1/2 Turn L, Back, Back, Stomp Together

- 1-2 Step forward on Rf, making a 1/4 turn to right (6) and step back on Lf weight onto Lf
- 3-4 Step back on Rf, bring Lf heel forward on diagonal holding weight onto Rf (6:00)
- 5-6 Step forward on Lf, making a 1/2 turn to left (12) and step back on Rf weight onto Rf
- 7-8 Step back on Lf, stomp Rf beside Lf take weight onto both feet (12:00)

Sec 2: 9-16 Step back, Heel, Step back, Heel, Jazz Box with 1/4 Turn R, Together

- 1-2 Step back on Rf slightly diagonal, bring L heel forward on diagonal holding weight onto Rf
- 3-4 Step back on Lf, bring R heel forward on diagonal holding weight onto Lf (12:00) ## Restart ##
- 5-6 Cross Rf over Lf, making a 1/4 turn to right (3) and step back on Lf weight onto Lf
- 7-8 Step Rf to the right, step Lf beside Rf (3:00)

Restart Here on WALL 11 after 12 count (facing 6 O'clock)

Sec 3: 17-24 Toe Tap, Step, Point Back, 1/2 Turn L, Replace, Scuff Fwd (Hop) with 1/4 Turn L

- 1&2 Rf tap behind Lf, Lf hop back, step back on Rf weight onto Rf
- 3-4 Point Lf back, making a 1/2 turn to left (9) and take weight onto Lf
- 5&6 Scuff forward on Rf (Hop), making a 1/4 turn to left (6) and step Rf back in place and step out to the right
- 7-8 Rock back on Lf, recover on Rf weight onto Rf (6:00)

Sec 4: 25-32 Side Shuffle L, 1/4 Turn R, Side Shuffle R, Lock Step Fwd, 1/2 Pivot L

- 1&2 Step Lf to the left, step Rf beside Lf, step Lf to the left weight onto Lf (6:00)
- 3&4 Making a 1/4 turn to right (9) and step Rf to the right, step Lf beside Rf, step Rf to the right weight onto Rf
- 5&6 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf
- 7-8 Step forward on Rf, making a 1/2 turn to left take weight onto Lf (3:00)

Start The Dance Again!
