The Shanghai Squat

拍数: 32

级数: Easy Intermediate

编舞者: Shanghai Squatters - September 2010

音乐: Toilet Bowl (馬桶) - Andy Lau (劉德華)

Intro: Do the 4 Count Tag described below, after the 40 count instrumental intro, facing 12:00. Start dance on vocals

R RUMBA BOX FORWARD, STEP L FWD, 1/2 TURN , STEP TO SIDE

- 1-4 Step R to right side, step L next to R, step R forward, Hold
- 5-8 Step L forward, 1/2 left stepping back on R, Step L to left side, Hold. (6:00)

SWAYS, STEP TOGETHER, BOOTY CALL

- 1-4 Sway R, Sway L, step R to right side, Drag L together with R (weight even) **RESTART 3
- 5-8 Booty Call (squat on 5, then lead with your butt, rolling up 6,7,8) (weight ending on L)

ROCK, RECOVER, SWEEP R, LOCK STEP BACK,

ROCK, RECOVER, L LOCK STEP FORWARD (Optional hand movements)

- 1-3 R Forward Rock, Recover L, Sweep R back (Pull toilet paper)
- 4&5 Step back on R, Lock L across R, step back on R (Roll toilet paper into wad)
- 6-7 L Rock back, recover R
- 8&1 Step forward on L, Lock R behind L, Step forward on L

(Count 1 preps next turn) (Shake both hands)

1/2 TURN L, 1/4 TURN LEFT, CROSS ROCK, RECOVER, SIDE 2X, TOUCH R

- 2-3 1/2 Turn left stepping back on R, 1/4 left stepping L to left side (9:00)
- 4&5 R Cross rock, recover L, step R to right side (Washing Hands)

**(RESTARTS 1 & 2)

- 6&7 L Cross rock, recover R, step L to left side
- 8 Touch R next to L

START OVER!

**3 EASY RESTARTS (All at 6:00)

- 1. Wall 2 After 28 1/2 Counts **(Count 5 Becomes Count 1)
- 2. Wall 6 After 28 1/2 Counts **(Count 5 Becomes Count 1)
- 3. Wall 9 After 12 Counts

TAG: 4 COUNT TAG AT END OF WALL 5 (Facing 9:00)

- 1-2 Right Rock Forward, Hold (Pretend You Are Pushing A Door Open With Both Hands (With Attitude!)
- 3-4 Recover Back On Left, Touch Right Next To Left

ENDING TO FACE FRONT- COMPLETE THE FOLLOWING 16 COUNTS

- 1-4 Step R to right side, step L next to R, step R forward, Hold
- 5-8 Step L to left side, step R next to L, step L forward, Hold
- 1-4 Sway R, Sway L, Step R To Right Side, Drag L Together With R

(weight even)

5-8 Booty Call (squat on 5, then lead with your butt, rolling up 6,7,8)

OPTIONAL BONUS ENDING:

Pull toilet chain to flush with left hand, hold your nose with right hand and squat!!!!





墙数:4

凿致:4

NOTE: This dance was written for fun after our combined experiences with the squat toilet. Music and translation provided by Judy Chen. Special thanks to John Kinser for phrasing the song and Jo Kinser for the Booty Call and bonus ending! Optional hand/arm movements provided by all.

Shanghai Squatters: (Jo Kinser, Jennifer Choo, Janice Khoo, Rosie Multari, and Marilyn McNeal)