

The Situation

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Carole Daugherty (USA) & Scott Schrank (USA) - August 2010
音乐: Give Me the Meltdown - Rob Thomas : (CD: Cradlesong)



Start: 32-count intro. CCW.

Phrasing: Restart during 4th Rotation(3:00): Dance the first 16 counts, and then restart from beginning. After the 8th Rotation, also facing 3:00, add the 4 count tag

(1-8) POINT, HOME, SIDE-ROCK-CROSS-HITCH, HEEL, RECOVERY, BALL-HEEL-BALL-HEEL

- 1-2 Point right toes right (1), Bring right foot next to left (2)
- 3&4 Rock left foot left (3), Recover weight to right foot (&), Cross left foot over right (4)
- &5-6 Hitch right foot over left (&), Press right heel over left foot (5), Recover weight back to left foot (6)
- &7 Step ball of right foot next to left foot (&), Touch left heel forward (7)
- &8 Step ball of left foot next to right foot (&), Touch right heel forward (8)

(9-16) BALL-STEP, TAP, BACK, TURN-TURN-CROSS, POINT, CROSS, ROCK-RECOVER-CROSS

- &1-2 Step ball of right next to left (&), Step left foot long to front (1), Tap right toes next to heel of left (2)
- 3& Step right foot back starting an arc turn left (3), Make 1/4 turn left stepping left foot left (&)
- 4& Make 1/4 turn left stepping right foot next to left (4), Make 1/4 turn left stepping left foot over right (&) (3:00)
- 5-6 Point right toes right (5), Cross right foot over left (6)
- 7&8 Rock left foot left (7), Recover weight to right (&), Cross left foot over right making 1/4 turn left (8) (12:00)

(Restart here during 4th Rotation facing 3:00)

(17-24) SIDE, BEHIND-BALL 1/4-POINT, STEP LEFT 1/8, TURN 1/2 LEFT W/HEEL, STEP, SWEEP- ROCK-HEEL

- 1-2 Step right on right (1) Step left "behind" right (2)
- &3 Turn 1/4 right on right (&) Point/Touch left toes left (3) (3:00)
- 4 Step down on left 1/8 left facing diagonally to 2:00 (4)
- 5&6 Step forward on right (5) Sit Pivot 1/2 left keeping weight back right to dig left heel forward facing diagonally to 7:00 (&) Step down on left still at diagonal corner (6)
- 7 Sweep right foot forward around pressing weight across left, squaring up 1/8 left facing 6:00 (7)
- &8 Rock/Recover back on left foot (&) Dig/Release right heel forward (8)

(25-32) STEP, WALK, SAILOR 1/2 TURN, STEP, PIVOT 1/2, TRIPLE 3/4

- 1-2 Step right foot forward, Prep step left foot forward
- 3&4 Turn 1/2 turn right stepping (R-L-R) (12:00)
- 5-6 Step forward on left foot, Make 1/2 turn left stepping back on right foot (6:00)
- 7a8 Turn 3/4 turn left stepping (L-R-L) on the spot ending with left foot over right (9:00)

Tag: POINT, SLIDE, COASTER STEP

- 1,2 Point right toes right (1), Slowly slide right foot next to left (2) (Weight the right)
- 3&4 Step left foot back (3), Step right foot next to left (&), Step left foot forward (4)

Start dance again, and enjoy

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