

# Strictly Disco

COPPER KNOB  
BY STEPHENETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Gary Lafferty (UK) - September 2010  
音乐: You Should Be Dancing - Bee Gees : (Album: Ultimate Bee Gees)



Floor Splits: "Ten Out Of Ten" or "Closer" or "Tennessee Waltz Surprise"  
32-count intro

## SYNCOPATED GRAPEVINE to RIGHT ; LEFT SAILOR ¼ TURN , STEP FORWARD , ½ TURN BACK

1-2            Step to Right to Right foot , cross-step Left foot behind Right  
&  
Step to Right on Right foot  
3-4            Cross-step Left foot over Right , step to Right on Right foot  
5&6           Left sailor step making ¼ turn to Left (9 o'clock)  
7-8            Step forward on Right , turn ½ Right stepping back on Left foot (3 o'clock)

## BACK-LOCK-BACK , & TOUCH , HOLD ; & ROCK FORWARD , RECOVER , LEFT COASTER STEP

1&2            Step back on Right foot , lock-step Left foot over Right , step back on Right foot  
&3-4           Step back on Left foot , touch Right foot forward , hold  
&5-6           Step on Right foot beside Left , rock forward on Left foot , recover weight back onto Right foot  
7&8            Step back on Left foot , step on Right foot beside Left , step forward on Left foot

## STEP, LOCK , & STEP , LOCK ; & WALK , WALK , ANCHOR ¾ TURN

1-2            Step diagonally-forward Right on Right foot , lock-step Left foot behind Right  
&  
Step slightly forward on Right foot  
3-4            Step diagonally-forward Left on Left foot , lock-step Right foot behind Left  
&  
Step slightly forward on Left foot  
5-6            Step forward on Right foot , step forward on Left foot  
7&8            Triple-step in place (stepping Right , Left , Right) making ¾ turn over Right shoulder (12 o'clock)

## STEP LEFT, TOUCH BEHIND, STEP RIGHT, TOUCH BEHIND ; TOUCH ACROSS, BEHIND, KICK-BALL-STEP

1-2            Step to Left on Left foot , cross-touch Right foot behind Left  
3-4            Step Right foot out to Right side , cross-touch Left foot behind Right  
5-6            Cross-touch Left foot diagonally-forward Left, cross-touch Left foot behind Right  
7&8            Kick Left foot forward , step down on Left foot beside Right , small step forward on Right foot

## KICK-BALL-STEP, LEFT MAMBO; SLIDE with HIP PUSH, STEP; SLIDE with HIP PUSH , STEP

1&2            Kick Left foot forward , step down on Left foot beside Right , small step forward on Right foot  
3&4            Rock forward on Left foot , recover weight back onto Right foot , step back on Left foot  
5                Slide Right foot back (towards Right back diagonal) pushing Right hip up  
6                Slide Right foot beside Left taking weight  
7                Slide Left foot back (towards Left back diagonal) pushing Left hip up  
8                Slide Left foot beside Right taking weight

## SWIVEL WALK FORWARD, CROSS & HEEL; & ¾-TURN WALK AROUND, TOUCH BEHIND

1                Step Right foot forward towards Right diagonal with toes turned out  
2                Step Left foot forward towards Left diagonal with toes turned out  
3&4            Cross-step Right foot over Left , small step to Left on Left foot , touch Right heel diagonally forward Right  
&  
Step down onto Right foot  
5-7            Make ¾ turn over Right shoulder walking Left , Right , Left

8

Cross-touch Right foot behind Left

**START AGAIN**

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