

# Old Time Rock N Roll

COPPERKNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Sue Coats (AUS) - September 2010  
音乐: Old Time Rock & Roll - Bob Seger



---

## (1-8) Walk, Walk, Walk, Kick with Clap; Back, Back, Back, Touch with Clap

1,2,3,4      Step L fwd, step R fwd, step L fwd, kick R fwd and clap  
5,6,7,8      Step R back, step L back, step R back, touch I together and clap

## (9-16) Two Military/Half Pivot Turns, Hips: Left, Right, Left, Right

1,2      Step L fwd, Pivot 180° clockwise taking weight onto R  
3,4      Step L fwd, Pivot 180° clockwise taking weight onto R  
5      Step L to side bumping hips left  
6,7,8      Bump hips: right, left, right

## (17-24) Left Side Shuffle, Rock Back, Rock Forward; Repeat on Right Side

1&2      Shuffle L, R, L sideways to left  
3,4      Rock/Step R back, rock fwd onto L  
5&6      Shuffle R, L, R sideways to right  
7,8      Rock/Step L back, rock fwd onto R

## (25-32) Shuffle Forward, Military/Half Pivot Turn, Shuffle Forward, Kick-Ball-Change

1&2      Shuffle fwd L, R, L.  
3,4      Step R fwd, Pivot 180° anti-clockwise taking weight onto L  
5&6      Shuffle fwd R, L, R  
7&8      Kick L fwd, ball change L, R

Start Again

---