

Angels

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Beginner Polka
编舞者: Maria Maag (DK) - August 2010
音乐: Angels (Country Mix) - E-Type : (Album : Last man standing)



Intro: 40 count from beat (appearance 26 seconds in music)

(1-8) Side rock R, behind side cross, side rock L, behind side cross

1-2 Rock R to side(1), recover L(2) 12:00
3&4 Cross R behind L(3), step L to side(&), cross R over L(4) 12:00
5-6 Rock L to side(5), recover R(6) 12:00
7&8 Cross L behind R(7), step R to side(&), step fw. L(8) 12:00

(9-16) Shuffle fw. Step ½ turn R, heel hook, heel flick, stomp touch

1&2 Step fw. R(1), step L beside R(&), step fw. R(2) 12:00
3-4 Step fw. L(3), make a ½ turn R and step fw. R(4) 06:00
5&6& Tap L heel fw(5), hook L in front of R(&), tap L heel fw(6), flick L heel back(&) 06:00
7-8 Stomp L beside R(7), touch R beside L(8) 06:00

(17-24) Kick ball cross, chasse R, kick ball change chasse L

1&2 Kick fw. R(1), step R next to L(&), cross L over R(2) 06:00
&3&4 Hitch R(&), step R to side(3), step L beside R and hitch R(&), step R to side(4) 06:00
5&6 Kick fw. L(5), step L next to R(&), cross R over L(6) 06:00
&7&8 Hitch L(&), step L to side(7), step R beside L and hitch L(&), step L to side(8) 06:00

(25-32) Jazz box ¼ R, scoot back x 4

1-2 Cross R over L(1), step back L(2) 09:00
3-4 Turn ¼ R and step R to side(3), step L next to R(4) 09:00
&5&6 Hitch R(&), step back R(5), hitch L(&), step back L(6) 09:00
&7&8 Hitch R(&), step back R(7), hitch L(&), step back L(8) 09:00

Ending : On Wall 15

Do the first 6 counts of the dance, then make a sailor ½ turn L to finish the dance at 12 o'clock.

Good luck and enjoy...:-)

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