

Mambo Hits

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Tony Minors (UK) - September 2010
音乐: Frauen AB 40 Sind Der Hit (Mambo Mix) - Ireen Sheer



(1-8) R& L Side Mambo, Skate Fwd. R& L, R/ Fwd Shuffle

1&2 Rock Out To The Right, Rec. On Left, Step RT Next To LT.
3&4 Rock Out To The Left, Rec. On Right, Step LT. Next To RT.
5-6 Skate Fwd. Right Then Left.
7&8 Shuffle Fwd. R.L.R.

(9-16) LT. Fwd. Mambo, RT. Back Shuffle, Back Rock Rec. Side Mambo Cross.

9&10 Rock Fwd On LT Rec. On RT. Step Back On LT.
11&12 Shuffle Back R.L.R.
13-14 Rock Back On LT. Rec. Fwd On RT.
15&16 Rock Out On LT. Rec. On RT. Cross LT. Over RT.

(Restarts From Here On Walls 2&6)

(17-24) ½ Turn LT. (R.L.) RT. Fwd. Shuffle, LT. Side Rock Rec. Behind & ¼ RT. Step.

17-18 ½ Turn LT. Over LT. Shoulder (In 2cts. R/L).
19&20 Shuffle Fwd. R.L.R.
21-22 Rock Out On LT. Rec. On RT.
23&24 Behind With LT. ¼ Turn On RT. Step Fwd. On LT.

(25 -32) Moving Fwd. Full Turn LT. (Over 2cts.) RT. Shuffle Fwd. LT. Rock Fwd. & Back Coaster step.

25-26 Full Turn Fwd. (R.L.) Over Left Shoulder (Or Walk Fwd. R.L.)
27&28 Shuffle Fwd. R.L.R.
29-30 Rock Fwd. LT. Rec. Back On RT.
31&32 Left Back Coaster step.

2 Restarts

Wall 2 Facing 9o/clock

Wall 6 Facing 12o/clock

Just Do First 16cts. Both Times

Then Restart From The Beginning.