

Life for Fun

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased Intermediate
编舞者: Maria Maag (DK) & Jannie Tofte Stoian (DK) - September 2010
音乐: Let's Get Loud - The Baseballs : (Album: Strike)



Phrasing: A, A, B, B, A, B, B, A, RESTART, B, B, B, B, B

Intro: 32 count intro from main beat (app. 22 sec. into track)

A SECTION

(1-8) Jazz box ¼ L with holds

1-4 Step R fw, hold, cross L over R, hold 12:00
5-8 Step R back, hold, turn ¼ L stepping L fw, hold 09:00

(9-16) Jazz Box ¼ L with holds

1-8 Repeat counts 1-8 06:00

(17-24) R Step lock step scuff, L step lock step scuff

1-4 Step R diagonally R, lock L behind R, step R diagonally R, scuff L diagonally L 06:00
5-8 Step L diagonally L, lock R behind L, step L diagonally L, scuff R fw 06:00

(25-32) Step ½ L, ½ L hold, Coaster step hold

1-4 Step R fw, turn ½ L stepping L fw, turn ½ L stepping R back, hold 06:00
5-8 Step L back, step R next to L, step L fw, hold 06:00

(33-40) Jump fw clap, Jump back clap, Jump fw hold, Jump fw clap

&1-2&3-4 Jump fw R L, clap, jump back L R, clap 06:00
&5-6&7-8 Jump fw R L, hold, jump fw R L clap 06:00

(41-48) Jump back clap, Jump fw clap, Jump back hold, Jump back clap

&1-2&3-4 Jump back R L, clap, jump fw R L, clap 06:00
&5-6&7-8 Jump back R L, hold, jump back R L clap (Restart here on 4th A) 06:00

(49-56) Vine R, Point x5

1-4 Step R to R side, cross L behind R, step R to R side, point L fw 06:00
5-8 Point L to L side, point L behind R, point L to L side, point L fw 06:00

(57-64) Step slide hold, Hip bumps x4, hold

1-4 Step L to L side, slide R towards L, bump hips to R, L 06:00
5-8 Bump hips to R, L, hold for 7-8 06:00

B SECTION

(1-8) Chasse R, Back rock, Kick fw, Kick side, Back touch, Kick side

1&2 Step R to R side, step L next to R, step R to R side 06:00
3-4 Rock L behind R, recover onto R 06:00
5-8 Kick L fw, kick L to L side, touch L behind R, kick L to L side 06:00

(9-16) Chasse L, Back rock, Kick fw, Kick side, Back touch, Kick side

1&2 Step L to L side, step r next to L, step L to L side 06:00
3-4 Rock R behind L, recover onto L 06:00
5-8 Kick R fw, kick R to R side, touch R behind L, kick R to R side 06:00

(17-24) Toe struts out, out, in, in with snaps

1-4 Step R toe to R diagonal, step down on R while snapping fingers, repeat with L 06:00

5-8 Step R toe back to center, step down on R while snapping fingers, repeat with L 06:00

(25-32) Out out hold, Elvis knees x3, hold

&1-2 Jump out R L, hold 06:00

3-5 Pop R knee in, pop L knee in while R goes back to centre, pop R knee in while L goes back to centre 06:00

6-8 Hold 06:00

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