

A La Playa

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Irene Groundwater (CAN) - August 2010
音乐: A la Playa - S.B.S. : (CD: A la playa)



Intro: 32 counts

(1-8) SIDE, TOG, SIDE, TOUCH, SHAKE TWICE L – SHAKE TWICE R

1-2-3-4 Side step R, Step L beside R, Side step R, Touch L Ball beside R instep
5-6-7-8 Side Step L and shake twice to the left (2 cts), Shake twice to the right (2 cts)

(9-16) SIDE, TOG, SIDE, TOUCH, SHAKE TWICE R – SHAKE TWICE L

1-2-3-4 Side step L, Step R beside L, Side step L, Touch R Ball beside L instep
5-6-7-8 Side step R and shake twice to the right (2 cts) Shake twice to the left (2 cts)

(17-24) TOUCH, HITCH, FWD, BRUSH, TOUCH, HITCH FWD, BRUSH

1-2-3-4 Touch R Ball forward, Hitch R Foot in front of L Knee, R forward, Brush L Ball forward past R instep
5-6-7-8 Touch L Ball forward, Hitch L Foot in front of R Knee, L forward, Brush R Ball forward past L instep

(25-32) ROCKING CHAIR, FWD, HOLD, ¼ TURN L, HOLD

1-2-3-4 R forward, Replace weight on L, R back, Replace weight on L
5-6-7-8 R forward, Hold, Pivot ¼ turn left on R Ball as you replace weight on L, Hold
(Option – Count 1 –Extend R Arm fwd, Count 2 – R Arm beside body, Count 3 Extend R Arm back, - Count 4 – R Arm beside body)
(Option – On counts 5 – 6 – Dip R Shoulder, On counts 7-8 Straighten R Shoulder)
(Other Option – On Counts 5 to 8 – Circle R Hand overhead twice.)

BEGIN AGAIN

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Irene Groundwater, #307 – 1717 West 13th Ave., Vancouver, BC. Canada, V6J 2H2
Tel & Fax No. 604-732-0693 - Email Address: aiground@telus.net - Website: www.irenegroundwater.com