

C C Heels

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Kerry Bailey (AUS) - September 2010
音乐: Sea of Cowboy Hats - Chely Wright : (CD:The Ultimate Collection)



START POSITION: Feet Together –Weight on L Foot
Start Dance on Count 32

(1 – 8) HEEL, TOE, HEEL, FLICK, VINE R, TOUCH

1,2 Touch R Heel Forward, Touch R Toe Back
3,4 Touch R Heel to R Side, Flick R Heel behind L Knee
(Slap R Heel with L Hand)
5,6,7,8 Step R to Side, Step L Behind R, Step R to Side, Touch L Together (clap)

(9 – 16) HEEL, TOE, HEEL, FLICK, VINE L, TOUCH

1,2 Touch L Heel Forward, Touch L Toe Back
3,4 Touch L Heel to L Side, Flick L Heel Behind R Knee
(Slap L Heel with R Hand)
5,6,7,8 Step L to Side, Step R Behind L, Step L to Side, Touch R Together (clap)

(17 -24) STEP FORWARD, TOUCH, STEP BACK, TOUCH, STEP BACK, TOUCH, TURN ¼ L , TOUCH
(Face 9 O’Clock)

1,2, Step R Forward, Touch L Beside R (clap)
3,4 Step L Back, Touch R Beside L (clap)
5,6 Step R Back, Touch L Beside R (clap)
7,8 Turn ¼ L, Step L to Side, Touch R Together (clap)

(25 – 32) DOUBLE HIPS, DOUBLE HIPS, POINT, FLICK, STOMP, STOMP

1,2 Step R to Side and push Hips Twice to R Side
3,4 Step L to Side and push Hips Twice to L Side
5,6 Point R Toe to Side, Flick R Heel Behind L Knee (Slap R Heel with L hand)
7,8 Stomp R Beside L, Stomp L Beside R (clap, clap)

(32) Start Dance again in Anti-Clockwise Direction

TAG: Add the following Tag at the end of Walls: 4 (Facing 12 O’clock), 5 (9 O’clock), 9 (9 O’clock), 11 (3 O’clock).

1,2 Touch R Heel Forward, Touch R Toe Behind,
3,4 Touch R Heel Forward, Stomp R Beside L, Place Weight on R (clap)
5,6 Touch L Heel Forward, Touch L Toe Behind
7,8 Touch L Heel Forward, Stomp L Beside R, Place Weight on L (clap)

Finish Dance: On wall 15 (Facing 6 O’clock) Dance 1st 8 beats and Turn ½ L to front.

Choreographers note: anything in bold in brackets is optional. Enjoy!

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