

Your Sugar's Gone

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Beginner
编舞者: Gerald Biggs (USA) - September 2010
音乐: Sugar - Jonalee White : (CD: Sugar)



Start on Lyrics

STEP DIAGONALLY FORWARD, STEP TOGETHER, STEP, SCUFF, STEP TOGETHER, STEP, TOUCH

1-2 Step RT diagonally forward, Step LT next to RT
3-4 Step RT diagonally forward, Scuff LT forward
5-6 Step LT diagonally forward, Step RT next to LT
7-8 Step LT diagonally forward, Touch RT toe next to LT

VINE RT, VINE LT TURNING ¼ TURN LT, SCUFF

1-2 Step RT to side, Step LT behind RT
3-4 Step RT to side, Touch LT next to RT
5-6 Step LT to side, Step RT behind LT
7-8 Turn ¼ turn LT while stepping LT forward, Scuff RT forward (9:00)

ROCKING CHAIR, STEP RT FORWARD, TOUCH LT TOE BEHIND RT HEEL, STEP LT BACK, HITCH RT FOOT UP ACROSS LT SHIN

1-2 Rock forward onto RT, Recover onto LT
3-4 Rock back onto RT, Recover forward onto LT
5-6 Step RT forward, Touch LT toe behind RT heel
7-8 Step LT back, Hitch RT foot up across LT shin

SIDE STEP, TOUCH, TOE HEEL THRUST WHILE MOVING BACKWARDS

1-2 Step RT to side, Touch LT toe next to RT
3-4 Step LT to side, Touch RT toe next to LT
5-6 Step back on ball of RT foot, Thrust RT heel down
7-8 Step back on ball of LT foot, Thrust LT heel down

¼ TURN JAZZ BOX x2,

1-2 Step RT over LT, Step back LT
3-4 Step RT ¼ turn RT, Step LT next to RT (12:00)
5-6 Step RT over LT, Step back LT
7-8 Step RT ¼ turn RT, Step LT next to RT (3:00)

CROSS TOE HEEL WHILE MOVING TO YOUR LT, SIDE TOGETHER

1-2 Step ball of RT foot over LT, Drop RT heel down
3-4 Step ball of LT foot to side, Drop LT heel down
5-6 Step ball of RT foot over LT, Drop RT heel down
7-8 Step LT to side, Step RT next to LT

CROSS TOE HEEL WHILE MOVING TO YOUR RT, JAZZ BOX

1-2 Step ball of LT foot over RT, Drop LT heel down
3-4 Step ball of RT to side, Drop RT heel down
5-6 Step LT over RT, Step back RT
7-8 Step LT slightly to side, Touch RT toe next to LT

Start again

