

# Hands Up Beginner

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Charlotte Neckelmann (DK) - August 2010  
音乐: For the Lovers - Whitney Houston : (CD: I Look To You)



32 counts intro

Split floor dance to Choreographer: Craig Bennett, England (Hands Up)

## Walk Forward. Right Mambo Forward Left Mambo Back. Toe Point, R & Toe Point L

1-2            Walk forward right(1) walk forward left (2) 12:00  
3&4           Rock forward w/Right foot (3)step in place w/left foot (&)bring right foot next to left (4) 12:00  
3&4           Rock back w/left foot (5) step in place w/right foot (&) bring left foot next to right (6) 12:00  
7&8           Touch right toe out to right side (7), step right next to left (&), touch left toe out to left side (8) 12.00

## ¼ Turn Left & Step Touches Forward Diagonally X2 .Point

1-2            Make ¼ turn left on left foot (1) Drop Left heel to floor. (2) 9:00  
3-4            Step diagonally forward right(3) touch left together (4) 9:00  
5-6            Step diagonally forward left(5) touch right together(6) 9:00  
7-8            Tap right toes forward.(7) tap right toes to side.(8) 9:00

## Rock. Step ½ Turn. Step Lock Step X2 Right & Left

1-2            Rock on right (1) recover left (2) 9:00  
3-4            Stepping forward on right make ½ turn over left Shoulder (7)and weight back on left (8) 3:00  
5&6           Step forward on right (5) Lock left behind right.&) Step forward on right (6) 3:00  
7&8           Step forward on left (7) Lock right behind left (&) Step forward on left Step (8) 3:00

## Kick X2 Sailor Right. Kick X2 Sailor Left

1-2            Kick Right (1)side kick Right (2)(kick down slightly with the foot) 3:00  
3&4            Sailor step right (3)left (&)right (4) 3:00  
5-6            Kick, left (5)side kick left (6) (kick down slightly with the foot) 3:00  
7&8            Sailor Left behind right ¼ turn left (7)stepping forward right(&)S tep left forward (8) 3:00

Start Again

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