

Ring Ding Dong

COPPER **KNOB**
STEPSHEETS

拍数: 96 墙数: 0 级数: Phrased Intermediate
编舞者: Lily & Seremban Negeri Sembilan - January 2010
音乐: Ring Ding Dong - SHINee



Sequence : A B B32 C A B B B C A

Intro : 32 counts

SEQUENCE(A)

(1) SIDE HIP ROCK – RECOVER x2 , DOUBLE HIP BUMPS x2

- 1-2 Rock R to right side with shoulder drop down and L hip raise up, close L beside R on up righting body
3 – 4 Repeat 1 – 2
5 & 6 Bump hips to left , right , left(roll fists while standing up)
7 & 8 Bump hips to right , left , right(roll fists while bending fwd)

(2) SIDE HIP ROCK – RECOVER x2 , DOUBLE HIP BUMPS x2

- 1 - 2 Rock L to left side with shoulder drop down and R hip raise up , close R beside L on up righting body
3 - 4 Repeat 1 – 2
5 & 6 Bump hips to right, left ,right (roll fists while standing up)
7 & 8 Bump hips to left, right ,right (roll fists while bending fwd)

(3) & (4) . Repeat (1) & (2)

SEQUENCE (B)

(1) FWD ,LOCK STEP, FWD,LOCK ,FWD STEP ,REPEAT WITH LEFT LEADING

- 1 - 2 Step R fwd, cross lock L behind R
3 & 4 Step R fwd, cross lock L behind R, step R fwd
5 - 6 Step L fwd, cross lock R behind L
7 & 8 Step L fwd, cross lock R behind L, step L fwd

(2) ROCK, RECOVER, TRIPLE 1/2 TURN, ROCK, RECOVER, COASTER STEP

- 1 - 2 Rock R fwd, recover onto L
3 & 4 Triple 1/2 turn right stepping R , L , R
5 - 6 Rock L fwd, recover onto R
7 & 8 Step L back , step R next to L , step L fwd

(3) MONTEREY1/2TURN,TOGETHER,POINT,TOGETHER,POINT,CROSS,SIDE,CROSS SHUFFLE

- 1 - 2 Point R to right side, unwind 1/2 turn right stepping R beside L
3 & 4 Point L to left side, close L beside R, point R to right side
5 - 6 Cross R over L, step L to left side
7 & 8 Cross R over L, Step L to left side, cross R over L

(4) SIDE, TOUCH, SIDE, TOUCH, ROCK, RECOVER, BACK, TOUCH

- 1 - 2 Step L to left side, touch R beside L
3 - 4 Step R to right side, touch L beside R
5 - 6 Rock L fwd, recover onto R
7 - 8 Step L back, touch R beside L

(5) SIDE ROCK,RECOVER, SAILOR CROSS (TWICE)

- 1 - 2 Rock R to right side, recover on L
3 & 4 Cross R behind L, Step L to left side, cross R over L

- 5 - 6 Rock L to left side, recover on R
7 & 8 Cross L behind R, Step R to right side, cross L over R

(6) SIDE, TOUCH, SIDE, SCUFF, JAZZ BOX

- 1 - 2 Step R to right side, touch L beside R
3 - 4 Step L to left side, scuff R fwd
5 - 6 Cross R over L, Step back on L
7 - 8 Step R to right side, Close L beside R

(7) CROSS, POINT (TWICE) ROCKING CHAIR

- 1 - 2 Cross R over L, point L to left side
3 - 4 Cross L behind R, point R to right side
5 - 6 Rock R back, recover onto L
7 - 8 Rock R fwd, recover onto L

(8) POINT , 1/2 TURN, KICK- BALL TOUCH (TWICE), STEP , 1/4 TURN

- 1 - 2 Point R behind L, turn 1/2 right
3 & 4 Kick R fwd, step ball of R beside L, point L to left side
5 - 6 Kick L fwd, step ball of L beside R, point R to right side
7 - 8 Step R fwd, pivot 1/4 turn left

SEQUENCE (C)

(1) (DOUBLE HIPS BUMPS) x 4

- 1 - 2 Bump hips to right side twice (push right elbow to right side twice)
3 - 4 Bump hips to right side twice (push right elbow downwards twice)
5 - 6 Bump hips to left side twice (push left elbow to left side twice)
7 - 8 Bump hips to left side twice (push left elbow downwards twice)

Section (2) repeat Section (1)

(3) CROSS , POINT , CROSS , POINT , JAZZ BOX

- 1 - 2 Cross R over L, point L to left side
3 - 4 Cross L over R, point R to right side
5 - 6 Cross R over L, Step back on L
7 - 8 Step R to right side, close L beside R

Section (4) repeat Section (3)
