

# First Call

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Knox Rhine (USA) - August 2010  
音乐: First Call After Last Dance - Jesse & Noah



2 count intro - Starts on word "First"

## ROCKING CHAIR HEEL DROPS

- 1                      Step RIGHT foot forward
- 2                      Rock back onto LEFT foot
- 3                      Step RIGHT foot beside left foot
- &                      Lift BOTH heels
- 4                      Drop BOTH heels
- 5                      Step LEFT foot back
- 6                      Rock forward onto RIGHT foot
- 7                      Step LEFT foot beside right foot
- &                      Lift BOTH heels
- 8                      Drop BOTH heels

## 1/4 TURN, 1/2 TURN HEEL DROP

- 9                      Step RIGHT foot 1/4 turn right
- 10                     Pivot 1/2 turn right on ball of right foot stepping LEFT foot to left side
- 11                     Step RIGHT foot beside left foot
- &                      Lift BOTH heels
- 12                     Drop BOTH heels

## SIDE, TOGETHER, HEEL DROPS

- 13                     Step RIGHT foot to right side
- 14                     Step LEFT foot beside right foot
- &                      Lift BOTH heels
- 15                     Drop BOTH heels
- &                      Lift BOTH heels
- 16                     Drop BOTH heels
- 17                     Step RIGHT foot to right side
- 18                     Step LEFT foot beside right foot
- &                      Lift BOTH heels
- 19                     Drop BOTH heels
- &                      Lift BOTH heels
- 20                     Drop BOTH heels

## 1/4 TURN, 1/2 TURN HEEL DROP

- 21                     Step LEFT foot 1/4 turn left
- 22                     Pivot 1/2 turn left on ball of left foot stepping RIGHT foot to right side
- 23                     Step LEFT foot beside right foot
- &                      Lift BOTH heels
- 24                     Drop BOTH heels

## SIDE, TOGETHER, HEEL DROPS

- 25                     Step LEFT foot to left side
- 26                     Step RIGHT foot beside left foot
- &                      Lift BOTH heels
- 27                     Drop BOTH heels

& Lift BOTH heels  
28 Drop BOTH heels  
29 Step LEFT foot to left side  
30 Step RIGHT foot beside left foot  
& Lift BOTH heels  
31 Drop BOTH heels  
& Lift BOTH heels  
32 Drop BOTH heels

**FORWARD, TOUCH, TOGETHER HEEL DROP, BACK, TOUCH, TOGETHER, HEEL DROP**

32 Step RIGHT foot forward  
34 Touch LEFT toe to left side  
35 Step LEFT foot beside right foot  
& Lift BOTH heels  
36 Drop BOTH heels  
37 Step LEFT foot back  
38 Touch RIGHT toe to right side  
39 Step RIGHT foot beside left foot  
& Lift BOTH heels  
40 Drop BOTH heels

**1/2 MONTEREY, HEEL DROPS, 1/4 MONTEREY, HEEL DROPS**

41 Touch RIGHT toe to right side  
42 Pivot 1/2 turn right on ball of LEFT foot sliding RIGHT foot beside left foot  
& Lift BOTH heels  
43 Drop BOTH heels  
& Lift BOTH heels  
44 Drop BOTH heels  
45 Touch LEFT toe to left side  
46 Pivot 1/4 turn left on ball of RIGHT foot sliding LEFT foot beside right foot  
& Lift BOTH heels  
47 Drop BOTH heels  
& Lift BOTH heels  
48 Drop BOTH heels

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