

You're The Radio

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alan Haywood (UK) - August 2010
音乐: You're the Radio - Thea Gilmore



16 count intro (you will do the first 2 steps before the vocals kick in)

Section 1

Walk diag forward R L, R mambo ½ R, L forward, lock R & R forward lock step

- 1-2 Walk forward to right diagonal (1 o'clock) right, left
3&4 Rock forward onto right, recover weight onto left, ½ turn right stepping right forward (7 o'clock)
5-6 Step forward onto left, lock right behind left
&7&8 Step left next to right, step right forward, lock left behind right, step right forward (squaring up to 9 o'clock)

Section 2

Rock forward L, recover R, triple full turn L, R back, drag L to R, R forward lock step

- 1-2 Rock forward onto left, recover weight back onto right
3&4 Triple full turn left stepping left right left ON THE SPOT
Alternative for full turn – step left right left on the spot without turning (not a coaster step)
5-6 Step right large step back, drag left next to right changing weight to left
7&8 Step forward onto right, lock left behind right, step forward onto right

Section 3

L forward, ¼ R, L over cross shuffle, point R, ¼ R, L kick ball step

- 1-2 Step forward onto left, pivot ¼ turn right (12 o'clock)
3&4 Cross step left over right, step right to right side, cross step left over right
5-6 Point right to right side, pivot ¼ turn right stepping down on right (3 o'clock)
7&8 Kick left forward, step left next to right, step right forward

Section 4

Rock forward L, recover R, triple ½ turn L, triple ½ turn L, rock back L, recover R

- 1-2 Rock forward onto left, recover weight back onto right
3&4 Triple ½ turn left stepping left right left (9 o'clock)
5&6 Triple ½ turn left stepping right left right (3 o'clock)
Alternative for triple ½ turns – shuffle back left right left, shuffle back right left right (small steps)
7-8 Rock back onto left, recover weight forward onto right

Section 5

L kick ball cross, & R side, L forward, jazz box ¼ R

- 1&2 Kick left forward, step left next to right, cross step right over left
&3-4 Step left to left side, step right to right side, step forward onto left
5-6 Cross step right over left, step left back
7-8 Step right ¼ right, step left slightly forward (6 o'clock)

Section 6

Point R, ½ R, L kick ball cross, L side rock, recover ¼ R, L forward lock step

- 1-2 Point right to right side, pivot ½ turn right stepping down onto right (12 o'clock)
3&4 Kick left forward, step left next to right, cross step right over left
5-6 Rock left to left side, making a ¼ turn right recover weight onto right (3 o'clock)
7&8 Step forward onto left, lock right behind left, step forward onto left

RESTART HERE DURING WALL 5 (change the ¼ turn right to 1/8 right – to face right diagonal)

Section 7

R forward, ½ L, make ¼ L then a R side shuffle, rock back L, recover R, large L side, drag R to L

- 1-2 Step forward onto right, pivot ½ turn left (9 o'clock)
- 3&4 Making a ¼ turn left shuffle to right side stepping right left right (6 o'clock)
- 5-6 Rock back onto left, recover weight forward onto right
- 7-8 Make a large step to left side, drag right next to left (no weight)

Section 8

R side rock, recover L, R behind & across, L side rock, recover R, L behind & across

- 1-2 Rock right to right side, recover weight onto left
- 3&4 Cross step right behind left, step left to left side, cross step right over left
- 5-6 Rock left to left side, recover weight onto right
- 7&8 Cross step left behind right, step right to right side, cross step left over right

Tag – At the end of wall 2 (facing 12 o'clock), repeat Section 8

Restart – During wall 5 (instrumental section), dance to the end of Section 6 changing the ¼ right to 1/8 right. This will keep the dance to 2 walls. Restart facing 1 o'clock (the beginning).

REPEAT AND ENJOY!!

E-Mail: alan.haywood@yahoo.com - Website: www.alanhaywood.co.uk
