

Mountain Dew

COPPER **NOB**
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Arne Stakkestad (BEL) - August 2010
音乐: Mountain Dew - Indy & Hoa Lee



Intro: 36 counts.

(1-8) Side Toe Strut, Cross Toe Strut x 2

1-2-3-4 RF touch right side, Heel down, LF cross touch before RF , Heel down
5-6-7-8 RF touch right side, Heel down, LF cross touch before RF , Heel down

Click Fingers RH counts 2,4,6,8

(9-16) Side, Cross Behind, & Heel, Hitch, Heel & Cross & Heel & Touch & Touch

1-2 RF step right side, LF cross behind RF
&3&4 RF step right side, LF touch Heel left side, LKnee hitch, LF touch heel left side
&5&6 LF step beside RF, RF cross before LF, LF step left side, RHeel touch right side
&7&8 RF step beside LF, LF touch left side, LF step beside RF, RF touch right side

(17-24) Cross Toe Strut, Side Toe Strut x2

1-2-3-4 RF cross touch before LF , Heel down, LF touch left side, Heel down
5-6-7-8 RF cross touch before LF , Heel down, LF touch left side, Heel down

Click Fingers LH counts 2, 4, 6, 8

(25-32) & Kick & Touch x2, Jump Open, Close, Heel Bounces

&1&2 RF jump backwards, LF kick forward, LF step down, RF touch beside LF
&3&4 RF jump backwards, LF kick forward, LF step down, RF touch beside LF
&5&6 RF jump right side, LF jump left side, RF jump beside LF, LF jump beside RF
&7&8 RF&LF raise Heels, RF&LF Heel down, RF&LF raise Heels, RF&LF Heel down (weight LF)

(33-40) Toe Strut Backw ½ circle L

1-2-3-4 RF touch backwards (start ½ circle L), Heel down, LF touch backwards, Heel down
5-6-7-8 RF touch backwards, Heel down, LF touch backwards, Heel down (end ½ circle L)

(41-48) & Heel & Cross x2, Hitch, Heel Touch x4

&1&2 RF jump right side, LF touch Heel left side, LF step beside RF, RF cross before LF
&3&4 LF jump left side, RF touch Heel right side, RF step beside LF, LF cross before RF
&5&6 RKnee hitch, RF touch Heel right side, RKnee hitch, RF touch Heel right side
&7&8 RKnee hitch, RF touch Heel right side, RKnee hitch, RF touch Heel right side

(49-56) High Kick, Slow Sailorstep x2

1-2-3-4 RF kick diagonally forward, RF step behind LF, LF step left side, RF step forward
5-6-7-8 LF kick diagonally forward, LF step behind RF, RF step right side, LF step forward

Raise arms counts 1,5

(57-64) Pivot x2, Side, bend knees x2

1-2-3-4 RF step forward, ½ left weight LF, RF step forward, ½ left weight LF
5-6-7-8 RF step beside LF and bend (open) knees, raise, bend (open) knees, raise

Tag & Restart

Dance walls 2 (6h), 4 (12h), 6 (6h) until count 32 (instrumental), and then dance following Tag

Heel Bounces x3, High Kick

1-2-3-4 RF bounce Heel right side x3 (play banjo), RF kick diagonally forward on count 4 (raise RH)

Start again

Start the Tag after 32 counts on walls 2,4,and 6.

Music available at: <http://www.legaldownload.net/Indy-Lee>
