

Poll Dance

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Shanthie De Mel (AUS) - August 2010
音乐: Move Baby Move - Johnny O'Keefe : (CD: Australian Pop of the 60's Vol. 2 - 2:28)



Begin: Wt. on L. Intro 16 count. Start on vocals – “Move Baby move”

For split floors see Beginner line Dance “Moving Forward” to the same music.

On Polling Day Australian Federal Elections 2010, this dance is dedicated to the people of Oz!

PADDLE LEFT, PADDLE LEFT, FWD SHUFFLE, FWD ROCK, RETURN

1,2,3,4 Step R fwd, pivot 1/4 left on L, step R fwd, pivot 1/4 left on L
5&6 Step R fwd, step L next to R, step R fwd
7, 8 Rock L fwd, return R

PADDLE LEFT, PADDLE LEFT, FWD SHUFFLE, FWD ROCK, RETURN

1,2,3,4 Step L fwd, pivot 1/4 right on R, step L fwd, pivot 1/4 right on R
5&6 Step L fwd, step R next to L, step L fwd
7, 8 Rock R fwd, return L (12:00)

MONTEREY 1/4 RIGHT WITH SHUFFLES X2

1, 2 Touch R toe to right side, turning 1/4 right on ball of L touch R to L (3:00)
3& 4 Step L to left side, step R next to L, step L to left side
5, 6 Touch R toe to right side, turning 1/4 right on ball of L touch R to L (6:00)
7& 8 Step L fwd, step R next to L, step L fwd

TURN 1/4 RIGHT, WALK, WALK, TURN 1/2 LEFT BACK, HITCH (REPEAT)

1, 2 Turning 1/4 right walk fwd R, L (9:00)
3, 4 Turning 1/2 left step back on R, hitch L
5,6,7,8 Step L fwd, step R fwd, turning 1/2 right step back on L, hitch R (9:00)

HEEL, TOE, HEEL, HOLD, HEEL, LIFT, HEEL, LIFT

1, 2 Twist both heels to right side, twist both toes to right side
3, 4 Twist both heels to right side, hold
5,6,7,8 Step L heel diag fwd, lift L heel, step L heel diag fwd, lift L heel (9:00)

HEEL, TOE, HEEL, HOLD, HEEL, LIFT, HEEL, LIFT

1, 2 Twist both heels to left side, twist both toes to left side
3, 4 Twist both heels to left side, hold
5,6,7,8 Step R heel diag fwd, lift R heel, step R heel diag fwd, lift R heel (9:00)

TOE-STRUT TURNING 1/8 LEFT X4 IN AN ARC TO 6:00

1, 2 Step R toe fwd, step R heel down,
3, 4 Turning 1/8 left step L toe fwd, step L heel down
5, 6 Turning 1/8 left step R toe fwd, step R heel down (6:00)
7, 8 Step L toe in place, step L heel down

SHIMMY RIGHT, STEP-CLAP, CLAP, SHIMMY LEFT STEP-CLAP, CLAP

(Place hands front of thighs & bend knees on the shimmy. Straighten up on the claps)

1, 2 Take a big step on R to right side & drag L to R shimmying for 2 counts
3, 4 Step L to R with clap, clap
5, 6 Take a big step on L to left side & drag R to L shimmying for 2 counts

7, 8

Touch R to L with clap, clap (6:00)
