

Tell Me

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - August 2010
音乐: Tell Me - Jake Owen



Our thanks to John Olney for recommending the track.

Intro: Start on main vocals (approx 72 seconds)

SEC1: TOE-STRUT. TOE-STRUT. ROCK. RECOVER. TOGETHER. HOLD

1-4 Touch right forward, drop weight to right heel, touch left forward, drop weight to left heel
5-8 Rock right to side, recover, step right beside left, hold

SEC2: BACK. TOGETHER. FORWARD. LOCK. FORWARD. HOLD. ROCK. RECOVER

1-6 Coaster-step left, lock right behind left, step forward left, hold
7,8 Rock forward right, recover

SEC3: ROCK. RECOVER. STEP-PIVOT-CROSS. HOLD. QUARTER-TURN. HITCH

1-6 Rock back right, recover, step forward right, pivot quarter left (9:00), cross right over left, hold
7,8 Quarter right (12:00) step back left, hitch right

SEC4: QUARTER-TURN. HITCH. POINT. HITCH. POINT. HOLD. BEHIND. QUARTER TURN-STEP

1-6 Quarter right (3:00) step right to side, hitch left, point left to side, hitch left, point left to side, hold
7,8 Step left behind right, quarter left (12:00) step right in place (start a sailor-turn half left)

SEC5: QUARTER TURN-STEP.RUN.RUN. HOLD. BACK. SWEEP. BACK. SWEEP

1-4 Quarter turn left (9:00) step left forward, run forward right, run forward left, hold
5-8 Step back right, sweep left, step back left, sweep right

SEC6: BACK. TOGETHER. FORWARD. HOLD. SIDE. TOGETHER. FORWARD. HOLD

1-4 Coaster-step right, hold
5-8 Step left to side, step right beside left, step forward left, hold

SEC7: SIDE. TOGETHER. BACK. HOLD. SAILOR-QUARTER-TURN. HOLD

1-4 Step right to side, step left beside right, step back right, hold
5-8 Sailor-turn quarter left (6:00), hold

SEC8: STEP-PIVOT-STEP. HOLD. STEP-PIVOT-STEP. HOLD

1-4 Step forward right, pivot half left (12:00), step forward right, hold
5-8 Step forward left, pivot half right (6:00), step forward left, hold

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