

# Bumpy Ride

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Fun Easy Intermediate  
编舞者: Sebastiaan Holtland (NL) - August 2010  
音乐: Bumpy Ride - Mohombi : (Single 2010)



**32 Count intro start dancing after vocals (18 sec)**

**Sec 1: Jump Both Feet Apart Fwd, Hold, Jump Both Feet Apart Back, Both Toe Lift / Replace, 1/4 Turn R, Jump Both Feet Apart Back, Both Toe Lift / Replace, Sailor step**

&1-2      Jump both feet apart forwards (&1), HOLD weight onto both feet (12:00)  
&3&4      Jump both feet apart back (&3), rolling back on both heels and lift your both toes up, Replace on both feet  
&5&6      Making a 1/4 turn to right (3) and jump both apart back (&5), rolling back on both heels and lift your both toes up, replace on both feet take weight onto Lf  
7&8      Step Rf behind Lf, step Lf to the Left, step Rf to the right weight onto Rf (3:00)

**Sec 2: Cross Shuffle, Long Step Back, Pushing Hips Back, Replace, Together, Side Rock / Recover With 1/4 Turn L, Lock Step Fwd**

1&2      Cross Lf over Rf, step Rf to the right, cross Lf over Rf weight onto Lf (3:00)  
3-4      Step long back on Rf and pushing hips back and rolling back on to L heel, recover on Lf  
&5-6      Step Rf beside Lf, rock Lf to the left side, making a 1/4 turn to left (12) recover on Rf weight onto Rf  
7&8      Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (12:00) \*\*Restart\*\*

**RESTART here on WALL 4 after 16 count (facing 3 O'clock)**

**Sec 3: Jazz Box with 1/4 Turn R, Cross, Heel Switches R-L, Heel Switches R-L with 1/4 Turn R**

1-2      Cross Rf over Lf, make a ¼ turn right (3) step back on Lf weight onto Lf  
3-4      Step Rf to the right, cross Lf over Rf weight onto Lf  
(Option: Rolling shoulder movements in the counts 1-4 from sec 3 )  
5&6&      Touch R heel forward diagonal, step Rf beside Lf back in place, touch L heel forward diagonal, step Lf beside Rf back in place  
7&8&      Making a 1/4 turn to right (6) touch R heel forward diagonal, step Rf beside Lf back in place, touch L heel forward diagonal, step Lf beside Rf back in place

**Sec 4: Fwd rock / Recover, Together, Side Rock / recover, Lift With 1/4 Turn L, Step, Lock, Step, Lock, step, Lock, Step ( ½ Turn L Arch )**

1-2      Rock forward on Rf, recover on Lf (6:00)  
&3-4      Step Rf beside Lf, rock Lf to the left, making a 1/4 turn left (3) recover on Rf and lift L knee up  
5&6      Step Lf forward, lock Rf behind, step Lf forward  
&7&8      Lock Rf behind, step Lf forward, lock Rf behind, step Lf forward (9:00)

**(Making a ½ Turn arch to the left with the above steps)**

**Start The Dance Again And Have fun!**

smoothdancer79@hotmail.com