

Oh La Naw

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Low Intermediate
编舞者: GS Ang (MY) - August 2010
音乐: Oh la nor...My love - Thongchai McIntyre



Sequence of dance : B(32) / AAB /AAB /AAB / BB(32)
Start after 64 counts of drum beats when the music kicks in.

SECTION A (32 counts)

BACK & FORWARD BASIC CHA CHA

1-2 Rock right forward, recover onto left
3&4 Cha cha backward on RLR
5-6 Rock left back, recover onto right
7&8 Cha cha forward on LRL

MONTEREY HALF TURN RIGHT X 2

1-2 Point right to right side, turning 1/2 right step right together
3-4 Point left to left side, step left together
5-6 Point right to right side, turning 1/2 right step right together
7-8 Point left to left side, step left together

RIGHT & LEFT LINDY

1&2 Cha cha to right side on RLR
3-4 Cross left behind right, recover onto right
5&6 Cha cha to left side on LRL
7-8 Cross right behind left, recover onto left

SIDE, BEHIND, QUARTER TURN RIGHT CHA CHA FORWARD, STEP, PIVOT QUARTER RIGHT, CROSS CHA CHA

1-2 Step right to right side, cross left behind right
3&4 Turning 1/4 right cha cha forward on RLR
5-6 Step left forward, pivot 1/4 turn right
7&8 Cross cha cha on LRL (6.00)

SECTION B (64 counts)

SIDE, TOGETHER, SIDE, TOUCH, JUMP LEFT, HOLD, JUMP RIGHT, HOLD

1-2 Step right to right side, step left together
3-4 Step right to right side, touch left together
(styling: swing both hands forward & back by the sides)
5-6 Jump left to left side touching right together, hold
7-8 Jump right to right side touching left together, hold
(styling: for counts 5-6 swing both palms to left side & 7-8 swing both palms to right side)

SIDE, TOGETHER, SIDE, TOUCH, JUMP RIGHT, HOLD, JUMP LEFT, HOLD

1-2 Step left to left side, step right together
3-4 Step left to left side, touch right together
(styling: swing both hands forward & back by the sides.)
5-6 Jump right to right side touching left together, hold
7-8 Jump left to left side touching right together, hold
(styling: for counts 5-6 swing both palms to right side & 7-8 swing both palms to left side)

RIGHT ROLLING VINE, TOUCH, LEFT ROLLING VINE, TOGETHER

1-3 Right rolling vine on RLR

- 4 Touch left together and clap
- 5-7 Left rolling vine on LRL
- 8 Touch right together and clap

PADDLE 1/4 TURN LEFT X 4

- 1-2 Step right forward, turning 1/4 left shift weight onto left
- 3-4 Step right forward, turning 1/4 left shift weight onto left
- 5-6 Step right forward, turning 1/4 left shift weight onto left
- 7-8 Step right forward, turning 1/4 left shift weight onto left

(styling: with both palms together, raise them above head)

WALK FORWARD RLR, KICK, WALK BACKWARD LRL, TOGETHER

- 1-2 Walk forward on right, walk forward on left
- 3-4 Walk forward on right, kick left forward
- 5-6 Walk backward on left, walk backward on right
- 7-8 Walk backward on left, step right together

HAND ACTIONS

- 1-4 Clap both hands bending knees, raise them to right side flicking all fingers out 3 times
- 5-8 Clap both hands bending knees, raise them to left side flicking all fingers out 3 times

RIGHT & LEFT DIAGONAL LOCK STEPS WITH SCUFFS

- 1-2 Along right diagonal step right forward, lock left behind right
- 3-4 Step right forward again, scuff left forward
- 5-6 Along left diagonal step left forward, lock right behind left
- 7-8 Step left forward again, scuff right forward

BACK TOE STRUTS X 4

- 1-2 Touch right toes back, step right heel down
- 3-4 Touch left toes back, step left heel down
- 5-6 Touch right toes back, step right heel down
- 7-8 Touch left toes back, step left heel down

(styling: pull right and left fingers across the eyes)

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