Tap Your Toes!

拍数: 32	**墙数:** 1	**级数:** Absolute Beginner - Kids

编舞者: Carolyn Robinson (USA) - August 2010

音乐: Round & Round - Selena Gomez & The Scene

或: just about anything with a good strong beat!

1 wall, 2 wall or 4 wall dance; it's up to the instructor!
Start the dance on the vocals.

TAP RIGHT HEEL FORWARD 2X, TAP RIGHT TOE BACK 2X
1,2   tap right heel forward two times
3,4   tap right toe back two times

TOUCH RIGHT TOE TO RIGHT SIDE, TOUCH BESIDE L, TOUCH R TO R SIDE, STEP R BESIDE LEFT.
5,6   touch right toe to right side, touch right toe beside left
7,8   touch right toe to right side, step right foot beside left

TAP LEFT HEEL FORWARD 2X, TAP LEFT HEEL BACK 2 X
1,2   tap left heel forward two times
3,4   tap left toe back two times

TOUCH LEFT TOE TO LEFT SIDE, TOUCH BESIDE R, TOUCH L TO L SIDE, STEP L BESIDE RIGHT.
5,6   touch left toe to left side, touch left toe beside right
7,8   touch left toe to left side, step left foot beside right

WALK FORWARD, RIGHT, LEFT, RIGHT; KICK L AND CLAP
1-4   walk forward, r-l-r, kick l & clap

WALK BACK LEFT, RIGHT, LEFT; TOUCH RIGHT BESIDE LEFT AND CLAP
5-8   walk back, l-r-l, touch r beside left & clap

RIGHT SIDE STEPS X2 AND CLAP; LEFT SIDE STEPS X2 AND CLAP*
1,2   side step right, step left beside right
3,4   side step right, touch left beside right & clap hands
5,6   side step left, step right beside left
7,8   side step left, touch right beside left & clap hands

START OVER!!

***When I taught this dance I kept it a one wall dance for the 5-7 year olds I was teaching.
However, with the last 8 counts you can incorporate a left turn on count 7 to make it a 4 wall dance,
or incorporate a left turn on 5 and another left turn on 7 to make it a 2 wall dance.

As we progressed each day, the Side Steps turned into Grapevines.
Then we began Rolling Vines to the right and left which went really well with the music and the kids loved it!

Enjoy and have fun!

Carolyn Robinson: flrkilr@gmail.com - http://l2dance.wordpress.com