

Get Your Kicks

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Novice / Beginner
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音乐: Route 66 - Matchbox



SIDE TOE STRUT, ROCK BACK 2X

1-2 Touch Right toe right to the side, clap heel down
3-4 Rock Left behind Right, weight back on Right
5-6 Touch Left toe left to the side, clap heel down
7-8 Rock Right behind Left, weight back on Left

STEP OUT, HOLD, STEP OUT, HOLD, TWIST ¼ TURN RIGHT

1-2 Right step out, hold
3-4 Left step out, hold
5-6 Twist both heels right, twist centre while you make 1/8 turn right
7-8 Twist both heels right, twist centre while you make 1/8 turn right (weight ends on left)

STEP FORWARD, HOLD, PIVOT 1/2 , HOLD, STEP, HOLD, WALK WALK

1-2 Step Right forward, hold
3-4 Step left forward, make ½ turn right (step Right forward)
5-6 Step Left forward, hold
7-8 Step Right forward, step Left forward *

***OPTION 7-8 : Instead of walk walk, you can make a full turn left**

¼ TURN LEFT, STEP, TOUCH(SNAP), STEP TOUCH, STEP, TOUCH(SNAP), STEP TOUCH,

1-2 ¼ turn left & step Right to the side, touch Left to right (snap fingers)
3-4 Step Left to the side, touch Right to Left
5-6 Step Right to the side, touch Left to right (snap fingers)
7-8 Step Left to the side, touch Right to Left

SIDE, BEHIND, ¼ TURN, HOLD, PIVOT ½, ¼ TURN, HOLD

1-2 Step Right to the side, cross Left behind Right
3-4 ¼ turn right, hold
5-6 Step Left forward, ½ turn right & step Right forward
&7-8 ¼ turn right & step Left to the side, hold

ROCK BEHIND & SIDE, STEP, TWIST HEELS

1-2 Rock Right behind left, weight back on Left
3-4 Step Right to the side, step on Left
5-6 Twist both heels right, twist centre
7-8 Twist both heels right, twist centre (end weight on Left)

Have fun!

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