

Project Runway

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Juliet - Modern Talking



Intro: 32 counts on heavy beat

BALL STEP, WALK, FORWARD SHUFFLE, STEP, HOLD, HIP ROLL ½ L

&1-2 Rock back onto ball of right, step forward on left, step forward on right
3&4 Step forward on left, lock right behind left, step forward on left
5-6 Step forward on right, hold 1 count
7-8 Over 2 counts roll hips anti-clockwise as you pivot ½ turn left taking weight onto right

FORWARD, LOCK, FORWARD SHUFFLE, KICK & POINT, & SIDE, DRAG

1-2 Step forward on left, lock right behind left
3&4 Step forward on left, lock right behind left, step forward on left
5&6& Kick right forward, step right beside left, point left toe to left, step left beside right
7-8 Step right to right, drag left to right foot

SIDE, TOUCH, SIDE, TOUCH, & CROSS, SIDE, CROSS SHUFFLE

1-2 Step left to left, touch forward on right
3-4 Step right to right, touch forward on left
&5-6 Step left beside right, cross right over left, step left to left
7&8 Cross right over left, step left to left, cross right over left

SIDE, BEHIND SIDE CROSS, ¼ R, HIP BUMP R-L-R-L

1 Step left to left
2&3 Cross right behind left, step left to left, cross right over left
4 ¼ turn right step back on left
5-8 Step right to right bump hips to right, left, right, left

& CROSS, HOLD, & CROSS, HOLD, ¼ R FORWARD R TOE STRUT, ¼ R SIDE L TOE STRUT

&1-2 Step right beside left, cross left over right, hold 1 count
&3-4 Step right to right, cross left over right, hold 1 count
5-6 ¼ turn right touch right toe forward, drop right heel down
7-8 ¼ turn right touch left toe to left, drop left heel down

R SAILOR, L SAILOR, SKATE X4

1&2 Cross right behind left, step left to left, step right in place
3&4 Cross left behind right, step right to right, step left in place
5-6 Skate forward on right to right diagonal, skate forward on left to left diagonal
7-8 Skate forward on right to right diagonal, skate forward on left to left diagonal

& CROSS. SIDE, HEEL & CROSS, & CROSS, SIDE, HEEL & CROSS

&1-2 Step right beside left, cross left over right, step right to right
3&4 Touch left heel forward diagonally left, step left beside right, cross right over left
&5-6 Step left to left, cross right over left, step left to left
7&8 Touch right heel forward diagonally right, step right beside left, cross left over right

¼ L, ½ L, FORWARD SHUFFLE, ROCK, RECOVER, BACK, DRAG

1-2 ¼ turn left step back on right, ½ turn left step forward on left
3&4 Step forward on right, lock left behind right, step forward on right

5-6 Rock forward on left, recover onto right
7-8 Step back on left, drag right towards left foot

REPEAT

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