

Sway

拍数: 32 墙数: 4 级数: Improver / Intermediate
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音乐: Sway - The Pussycat Dolls



16 counts intro after heavy beat starts

Section 1

Side together forward, Lock step forward right, Rock forward, Left coaster step

1-3 Step left to left side. Close right beside left. Step left forward.
4&5 Step right forward, lock left behind right, step right forward.
6-7 Rock forward on left, recover onto right.
8&1 Step back on left. Step right beside left. Step forward on left.

Section 2

Rock forward, 1/2 turn shuffle, Rock step, Weave

2-3 Rock forward on right, rock back onto left.
4&5 Shuffle half turn right by stepping right-left-right (facing 6 o'clock).
6-7 Rock left foot forward on the diagonal, recover onto right.
8&1 Step left foot behind right, step right to right side, cross left foot in front of right.

Section 3

Side rock, Cross shuffle, 1/4 turn right, 1/4 turn right, Lock step forward left.

2-3 Rock right to side, recover onto left.
4&5 Cross right foot in front of left, step left to left side, cross right in front of left.
6 Make 1/4 turn right stepping back onto left (facing 9 o'clock).
7 Make 1/4 turn right stepping right out to right side (facing 12 o'clock).
8&1 Step left forward, lock right behind left, step left forward.

Section 4

Rock forward, Sailor 1/4 turn right, Step turn 1/2, Step turn 1/2, Left mambo step forward.

2-3 Rock forward on right, recover onto left.
4&5 Right cross behind left, 1/4 turn right, step side on left (facing 3 o'clock), right side.
6-7 Step left forward making 1/2 turn over the right shoulder (facing 9 o'clock), step right forward making 1/2 turn over the right shoulder (facing 3 o'clock).

Option: Instead of 1/2 turns, just walk two steps forward L, R.

8& Rock forward onto left foot, recover onto right.

Tag: After wall 8 (12 o'clock) there is a tag.

Step left to side, Right cross rock, Chasse to right, Left cross rock, Step left to side, Step right beside left.

1 Step left to side.
2-3 Cross right over left, recover onto left.
4&5 Step right to side, Step left beside right, Step right to side.
6-7 Cross left over right, recover onto right.
8& Step left to side, Step right beside left.

Start dancing from the beginning again. Enjoy!